


APRIL 2017

HAYWOOD COUNTY SCHOOLS (GRADES 9-12)

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
Breakfast Cereal Variety-Toast Breakfast Honey Bun 100% Juice / Chilled Fruit Cold Milk Variety		Breakfast Cereal Variety-Toast Sausage & Cheese Croissant 100% Juice / Chilled Fruit Cold Milk Variety		Breakfast Cereal Variety-Toast Breakfast Pizza 100 % Juice/ Chilled Fruit Cold Milk Variety		Breakfast Cereal Variety-Toast Mini Cinnamon Rolls 100 % Juice / Chilled Fruit Cold Milk Variety		Breakfast Cereal Variety-Toast Oatmeal Breakfast Bar 100 % Juice / Chilled Fruit Cold Milk Variety		
3	Beef Hot Dog – Bun Baked Beans – Crinkle Cut Fries Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety	4	Chicken Drumsticks- Roll Glazed Carrots/ Broccoli & Cheese Chilled Canned Fruit Frozen Fruit Sidekick® 100 % Fruit Juice Variety Cold Milk Variety	5	Italian Spaghetti - Crackers Green Beans / Creamy Coleslaw Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety	6	Toasted Ham & Cheese Sandwich Tossed Salad w/ Romaine- Cheerios Baked Sweet Potato Assorted Fresh Fruit Chilled Can Fruit Frozen Fruit Sidekick® Cold Milk Variety Cookie treat with meal	7	Pollo Loco Chicken w/ Cheese and Rice Seasoned Pinto Beans –Tomato Salsa Garden Fresh Side Salad Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety	
10	Chicken Tetrazzini/ Roll Glazed Carrots Steamed Broccoli Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety	11	Chicken Caesar Wrap Leafy Spinach w/ Tomatoes Seasoned Potato Wedges Assorted Fresh Fruit Chilled Canned Fruit 100% Juice Variety Cold Milk Variety	12	Beefy Soft Taco-Rice Seasoned Pinto Beans Tomato Salsa, Shredded Lettuce Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat w/ meal	13	Grilled Chicken Sandwich Lettuce / Tomato / Dill Pickle Creamy Coleslaw / Potato Wedges Assorted Fresh Fruit Frozen Fruit Sidekick® Chilled Canned Fruit Cold Milk Variety	14 GOOD FRIDAY		
17	Buffalo Chicken Sandwich Celery & Carrots w/ Ranch Potato Wedges Assorted Fresh Fruit Chilled Canned Fruit Frozen Fruit Sidekick® Cold Milk Variety	18	Pepperoni Pizza Slice Broccoli Florets & Cherry Tomatoes/ Dip Whole Kernel Corn Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat with meal	19	Chicken Fajita w/ WG Tortilla Tomato Salsa Baby Carrots w/ dip Sweet Potato Fries Seasoned Green Beans Assorted Fresh Fruit Chilled Canned Fruit Frozen Fruit Sidekick® Cold Milk Variety	20	Cheeseburger – Bun Lettuce / Tomato / Pickle Crinkle Cut Fries – Baked Beans Assorted Fresh Fruit Chilled Canned Fruit Frozen Fruit Sidekick® Cold Milk Variety	21		Mexican Fiestada Seasoned Pinto Beans Tomato Salsa w/ Shredded Lettuce Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety
24	Jumbo Corn Dog Crispy Tater Tot Broccoli Salad Assorted Fresh Fruit Chilled Canned Fruit Frozen Fruit Sidekick® Cold Milk Variety	25	Country Steak & Gravy – Roll Mashed Potatoes – Glazed Carrots Assorted Fresh Fruit Chilled Canned Fruit 100 % Fruit Juice Variety Cold Milk Variety Cookie treat with meal	26	Chicken Tenders - Roll Cut Sweet Potatoes- Green Beans Baby Carrots w/ Dip Assorted Fresh Fruit Frozen Fruit Sidekick® Chilled Canned Fruit Cold Milk Variety	27	Bistro Spinach Salad w/ Grilled Chicken or Chicken Fajita Wrap Potato Wedges or Steamed Broccoli Assorted Fresh Fruit Chilled Canned Fruit 100% Juice Variety Cold Milk Variety	28		BBQ Riblet / Bun Lettuce / Tomato / Pickle Golden-Crinkle Fries Southern Baked Beans Assorted Fresh Fruit Chilled Canned Fruit 100% Juice Variety Cold Milk Variety

Whole Grain-Rich items and fresh fruit offered daily. Fat-free flavored and 1% unflavored milk offered daily.
 Students must select at least ½ cup of fruit or vegetable to complete their meal for breakfast and lunch.
 Student meals are served at no cost.
 Adult Breakfast: \$2.25 ~~~~
 Adult Lunch: \$ 3.50
 Meals subject to change based on availability.



This institution is an equal opportunity provider.

