

Haywood County Schools Celebrate National School Lunch Week

“Lots 2 Love” during #NSLW18

To recognize the National School Lunch Program and the 30 million children it serves every day, Haywood County schools will recognize National School Lunch Week from October 15-19, 2018. The theme, “Lots 2 Love,” encourages students and school nutrition professionals across the country to share what they love most about school lunch programs.

National School Lunch Week will emphasize the healthy foods that are offered daily. All Haywood County Schools will have special activities to celebrate National School Lunch Week.

“School lunches are healthier than ever, with more fruits and vegetables, whole grains, and less fat and sodium,” said Director of Nutrition, Denita Jarratt. “National School Lunch Week helps us educate parents and students about all the benefits of our lunch program, and the appealing choices we offer. We hope that parents and other stakeholders will go have lunch with their student during this week or any other time, to see that “school lunch” isn’t what it used to be. We have many tasty dishes such as Chef Salads, Taco Salads, Rotel Chicken Spaghetti, BBQ Chicken Nachos, Sweet and Sour Chicken with Veggie Lo Mein, among others.”

The federally-funded National School Lunch Program (NSLP) provides nutritionally balanced, healthy meals to students every day. The program, which has been serving the nation’s children for more than 70 years, requires school meals to meet federal nutrition standards like offering fruits and vegetables every day, serving whole grain-rich foods, and limiting fat, calories, and sodium.

The “Lots 2 Love” campaign is made possible by the nonprofit School Nutrition Association. Parents and students can follow the fun using the hashtags #NSLW18, #SchoolLunch, and #Lots2Love. For more information on National School Lunch Week, visit <https://schoolnutrition.org/nslw/>.