

Haywood County Schools Grades 6-8 (Grab & Go)

Monday

Pancake & Sausage On a Stick **3**
or
Breakfast Bar
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

Mini Apple Breakfast Bites **10**
or
Crunchmania
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

Bosco Cheese Stick(2) w/ Marinara Sauce **17**
or
Breakfast Bar
Pineapple Chunks
100% Fruit Juice 4 oz.
Cold Milk Variety

Enjoy Your Winter Break!

Happy Holidays!

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Tuesday

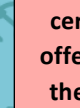
Ham, Egg & Cheese Breakfast Sandwich **4**
or
Doughnut Holes
Strawberry Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

Bosco Cheese Stick(2) w/ Marinara Sauce **11**
or
Powdered or Chocolate WG Donuts
Pears w/ a Pop
100% Fruit Juice 4 oz.
Cold Milk Variety

Grilled Cheese **18**
or
Cinni Minis
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

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Wednesday

Mini Funnel Cake **5**
or
Breakfast Bar
Fruit Cocktail
100% Fruit Juice 4 oz.
Cold Milk Variety

Chicken & Biscuit **12**
Or
Super Donut Plus
Peach Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

Mini Pancakes **19**
or
Breakfast Bread Loaf
Mixed Berry Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

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Thursday

Sausage & Biscuit **6**
Or
Honey Bun
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

The Max Pizza Stick **13**
or
Breakfast Bar
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

Ham and Cheese Croissant **20**
or
Blueberry Muffin (4oz)
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

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Friday

Yogurt Variety w/ String Cheese & Graham Crackers **7**
or
Poptart (2ct.)
Fresh Mixed Fruit
100% Fruit Juice 4 oz.
Cold Milk Variety

Yogurt Parfait **14**
or
Poptart (2ct.)
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

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A variety of cereal will be offered daily in the cafeteria.



To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. Student meals are served at no cost. Adult Breakfast: \$3.00