

## DECEMBER 2018 Haywood County Schools (Grades K-5)



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7	Monday	Tuesday	Wednesday	Thursday	Friday	11
	Corndog Buttery Corn Breaded Okra Applesauce Frozen Fruit Sidekick Cold Milk Variety	Chicken Tetrazzini WG Roll Seasoned Green Beans Sweet Potatoes Pineapple Chunks Fresh Fruit Choice Cold Milk Variety	Cheeseburger w/ Fries Southern Baked Beans Strawberry Cup Fresh Fruit Choice 100 % Fruit Juice Cold Milk Variety Cookie Treat	Taco Soup w/Tortilla Chips or Mexican Fiestada Cheesy Refried Beans Glazed Carrots Applesauce Fresh Fruit Choice Cold Milk Variety	Chili Stuffed Baked Potato WG Crackers Steamed Broccoli Fresh Fruit Choice Frozen Fruit Sidekick® Cold Milk Variety	A A
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8	Country Steak & Gravy W/ WG Roll Ranch Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick® Cold Milk Variety	Chicken & Waffles Cheesy Broccoli Sweet Potatoes Applesauce 100 % Fruit Juice Cold Milk Variety	Spaghetti Crackers, WG Turnip Greens Blacked-Eyed Peas Mixed Fruit Cup Assorted Fresh Fruit Cold Milk Variety Cookie Treat with Meal	Cheeseburger Ranch Fries Seasoned Green Beans Assorted Fresh Fruit Frozen Fruit Sidekick® Cold Milk Variety	Happy Holidays!	7
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W	Happy Holidays!					

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily.

Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.