

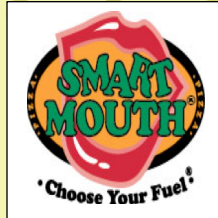
**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**Introducing SMART MOUTH PIZZA**  
Served daily beginning February 11<sup>th</sup>.  
**Cheese or Pepperoni**  
HMS & HHS Only

Pizza Slice  
Sweet Potatoes  
Green Beans  
Applesauce  
Frozen Fruit Sidekick®  
Cold Milk Variety **4**

Chicken Fajita w/  
Roasted Peppers & Onions  
Tomato Salsa w/ Tortilla Chips  
Perfect Pinto Beans  
Peaches  
100 % Fruit Juice  
Cold Milk Variety **5**

Beef-a-Roni w/ WG Roll  
Corn Niblets  
Black-Eyed Peas  
Mixed Fruit Cup  
100 % Fruit Juice  
Cold Milk Variety  
Cookie Treat w/ Meal **6**

Chicken Smackers  
Broccoli & Cheese  
Stuffed Baked Potato  
WG Roll  
Assorted Fresh Fruit  
100 % Fruit Juice  
Cold Milk Variety **7**

Chili Stuffed Baked Potato  
WG Crackers  
Steamed Broccoli  
Fresh Fruit Choice  
Frozen Fruit Sidekick®  
Cold Milk Variety **1**

Corndog  
Glazed Carrots  
Baked Beans  
Chilled Diced Pears w/ a Pop  
Frozen Fruit Sidekick®  
Cold Milk Variety **8**

Country Steak & Gravy  
w/ WG Roll  
Ranch Mashed Potatoes  
Green Peas  
Chilled Mixed Fruit  
Frozen Fruit Sidekick®  
Cold Milk Variety **11**

Chicken & Waffles  
Cheesy Broccoli  
Sweet Potatoes  
Applesauce  
100 % Fruit Juice  
Cold Milk Variety **12**

Spaghetti  
Crackers, WG  
Turnip Greens  
Black-Eyed Peas  
Mixed Fruit Cup  
Assorted Fresh Fruit  
Cold Milk Variety  
Cookie Treat with Meal **13**

½ Day/Sack Lunch **14**  
Sandwich Variety  
Veggies w/ Ranch  
Fresh Fruit Variety  
100 % Fruit Juice  
Cold Milk Variety  
Mini Rice Krispy Treat

**15**  
**Teacher Professional Development Day**

**18**

Steak Fingers  
w/ WG Roll  
Sweet Potatoes  
Breaded Okra  
Strawberries  
100 % Fruit Juice  
Cold Milk Variety **19**

Rotel Chicken Spaghetti  
WG Roll  
Cheesy California Veggies  
Glazed Carrots  
Applesauce  
100 % Fruit Juice Variety  
Cold Milk Variety  
Cookie Treat **20**

Vegetable Beef Soup  
w/ Grilled Cheese  
Buttery Corn  
Steamed Broccoli  
Assorted Fresh Fruit  
100 % Fruit Juice Variety  
Cold Milk Variety **21**

Cheeseburger  
Ranch Fries  
Seasoned Green Beans  
Assorted Fresh Fruit  
Frozen Fruit Sidekick®  
Cold Milk Variety **22**

Chicken Sandwich  
Glazed Carrots  
Baked Beans  
Chilled Diced Pears w/ a Pop  
Frozen Fruit Sidekick®  
Cold Milk Variety **25**

**Breakfast for Lunch** **26**  
Scrambled Eggs  
Sausage Links  
Biscuit w/ Jelly  
Hashbrowns  
Wango Mango Juice  
Fruit Cup/ Assorted Fresh Fruit  
Cold Milk Variety

Turkey Roast & Gravy  
WG Roll  
Ranch Mashed Potatoes  
Green Peas  
Assorted Fresh Fruit  
100 % Fruit Juice Variety  
Cold Milk Variety  
Cookie Treat **27**

Chili Stuffed Baked Potato  
WG Crackers  
Steamed Broccoli  
Fresh Fruit Choice  
Frozen Fruit Sidekick®  
Cold Milk Variety **28**



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability. Student meals are served at no cost. Adult Lunch: \$ 4.00  
**This institution is an equal opportunity provider**