

Monday

Tuesday

Wednesday

Thursday

Friday



**Introducing
SMART MOUTH PIZZA**
Served daily beginning
February 11th.
Cheese or Pepperoni
HHS & HMS Only

Pizza Slice
Sweet Potatoes
Green Beans
Applesauce
Frozen Fruit Sidekick®
Cold Milk Variety **4**

Chicken Fajita w/
Roasted Peppers & Onions
Tomato Salsa w/ Tortilla Chips
Perfect Pinto Beans
Peaches
100 % Fruit Juice
Cold Milk Variety **5**

Beef-a-Roni w/ WG Roll
Corn Niblets
Black-Eyed Peas
Mixed Fruit Cup
100 % Fruit Juice
Cold Milk Variety
Cookie Treat w/ Meal **6**

Chicken Smackers
Broccoli & Cheese
Stuffed Baked Potato
WG Roll
Assorted Fresh Fruit
100 % Fruit Juice
Cold Milk Variety **7**

Corndog
Glazed Carrots
Baked Beans
Chilled Diced Pears w/ a Pop
Frozen Fruit Sidekick®
Cold Milk Variety **8**

Country Steak & Gravy
w/ WG Roll
Ranch Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®
Cold Milk Variety **11**

Chicken & Waffles
Cheesy Broccoli
Sweet Potatoes
Applesauce
100 % Fruit Juice
Cold Milk Variety **12**

Spaghetti
Crackers, WG
Turnip Greens
Black-Eyed Peas
Mixed Fruit Cup
Assorted Fresh Fruit
Cold Milk Variety
Cookie Treat with Meal **13**

½ Day/Sack Lunch **14**
Sandwich Variety
Veggies w/ Ranch
Fresh Fruit Variety
100 % Fruit Juice
Cold Milk Variety
Mini Rice Krispy Treat

**Teacher Professional
Development Day** **15**

18

Steak Fingers
w/ WG Roll
Sweet Potatoes
Breaded Okra
Strawberries
100 % Fruit Juice
Cold Milk Variety **19**

Rotel Chicken Spaghetti
WG Roll
Cheesy California Veggies
Glazed Carrots
Applesauce
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat **20**

Vegetable Beef Soup
w/ Grilled Cheese
Buttery Corn
Steamed Broccoli
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety **21**

Cheeseburger
Ranch Fries
Seasoned Green Beans
Assorted Fresh Fruit
Frozen Fruit Sidekick®
Cold Milk Variety **22**

Chicken Sandwich
Glazed Carrots
Baked Beans
Chilled Diced Pears w/ a Pop
Frozen Fruit Sidekick®
Cold Milk Variety **25**

Breakfast for Lunch **26**
Scrambled Eggs
Sausage Links
Biscuit w/ Jelly
Hashbrowns
Wango Mango Juice
Fruit Cup/ Assorted Fresh Fruit
Cold Milk Variety

Turkey Roast & Gravy
WG Roll
Ranch Mashed Potatoes
Green Peas
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat **27**

Chili Stuffed Baked Potato
WG Crackers
Steamed Broccoli
Fresh Fruit Choice
Frozen Fruit Sidekick®
Cold Milk Variety **28**



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.

Student meals are served at no cost. Adult Lunch: \$ 4.00

This institution is an equal opportunity provider.