

Monday

Tuesday

Wednesday

Thursday

Friday



**4**  
 Pizza Slice  
 Sweet Potatoes  
 Green Beans  
 Applesauce  
 Frozen Fruit Sidekick®  
 Cold Milk Variety

**5**  
 Chicken Quesadilla  
 Tomato Salsa w/ Tortilla Chips  
 Perfect Pinto Beans  
 Peaches  
 100 % Fruit Juice  
 Cold Milk Variety

**6**  
 Beef-a-Roni w/ WG Roll  
 Corn Niblets  
 Black-Eyed Peas  
 Mixed Fruit Cup  
 100 % Fruit Juice  
 Cold Milk Variety  
 Cookie Treat w/ Meal

**7**  
 Chicken Smackers  
 Broccoli & Cheese  
 Stuffed Baked Potato  
 WG Roll  
 Assorted Fresh Fruit  
 100 % Fruit Juice  
 Cold Milk Variety

**1**  
 Chili Stuffed Baked Potato  
 WG Crackers  
 Steamed Broccoli  
 Fresh Fruit Choice  
 Frozen Fruit Sidekick®  
 Cold Milk Variety

**8**  
 Corndog  
 Glazed Carrots  
 Baked Beans  
 Chilled Diced Pears w/ a Pop  
 Frozen Fruit Sidekick®  
 Cold Milk Variety

**11**  
 Country Steak & Gravy  
 w/ WG Roll  
 Ranch Mashed Potatoes  
 Green Peas  
 Chilled Mixed Fruit  
 Frozen Fruit Sidekick®  
 Cold Milk Variety

**12**  
 Chicken & Waffles  
 Cheesy Broccoli  
 Sweet Potatoes  
 Applesauce  
 100 % Fruit Juice  
 Cold Milk Variety

**13**  
 Spaghetti  
 Crackers, WG  
 Turnip Greens  
 Blacked-Eyed Peas  
 Mixed Fruit Cup  
 Assorted Fresh Fruit  
 Cold Milk Variety  
 Cookie Treat with Meal

**14**  
 ½ Day/Sack Lunch  
 Sandwich Variety  
 Veggies w/ Ranch  
 Fresh Fruit Variety  
 100 % Fruit Juice  
 Cold Milk Variety  
 Mini Rice Krispy Treat

**15**  
  
**Teacher Professional Development Day**



**19**  
 Steak Fingers  
 w/ WG Roll  
 Sweet Potatoes  
 Breaded Okra  
 Strawberries  
 100 % Fruit Juice  
 Cold Milk Variety

**20**  
 Rotel Chicken Spaghetti  
 WG Roll  
 Cheesy California Veggies  
 Glazed Carrots  
 Applesauce  
 100 % Fruit Juice Variety  
 Cold Milk Variety  
 Cookie Treat

**21**  
 Vegetable Beef Soup  
 w/ Grilled Cheese  
 Buttery Corn  
 Steamed Broccoli  
 Assorted Fresh Fruit  
 100 % Fruit Juice Variety  
 Cold Milk Variety

**22**  
 Cheeseburger  
 Ranch Fries  
 Seasoned Green Beans  
 Assorted Fresh Fruit  
 Frozen Fruit Sidekick®  
 Cold Milk Variety

**25**  
 Chicken Sandwich  
 Glazed Carrots  
 Baked Beans  
 Chilled Diced Pears w/ a Pop  
 Frozen Fruit Sidekick®  
 Cold Milk Variety

**26**  
Breakfast for Lunch  
 Scrambled Eggs  
 Sausage Links  
 Biscuit w/ Jelly  
 Hashbrowns  
 Wango Mango Juice  
 Fruit Cup/ Assorted Fresh Fruit  
 Cold Milk Variety

**27**  
 Turkey Roast & Gravy  
 WG Roll  
 Ranch Mashed Potatoes  
 Green Peas  
 Assorted Fresh Fruit  
 100 % Fruit Juice Variety  
 Cold Milk Variety  
 Cookie Treat

**28**  
 Chili Stuffed Baked Potato  
 WG Crackers  
 Steamed Broccoli  
 Fresh Fruit Choice  
 Frozen Fruit Sidekick®  
 Cold Milk Variety



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability. Student meals are served at no cost. Adult Lunch: \$ 4.00

This institution is an equal opportunity provider