

Haywood County Schools Grades 9-12 (Grab & Go)

Monday Tuesday Wednesday Thursday Friday

2019

WINTER BREAK

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Teacher Professional Development Day



Teacher Professional Development Day

Ham, Egg & Cheese Breakfast Sandwich
or
Doughnut Holes
Strawberry Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

Mini Funnel Cake
or
Breakfast Bar
Fruit Cocktail
100% Fruit Juice 4 oz.
Cold Milk Variety

Sausage & Biscuit
Or
Honey Bun
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

Yogurt Variety w/
String Cheese & Graham Crackers
or
Poptart (2ct.)
Fresh Mixed Fruit
100% Fruit Juice 4 oz.
Cold Milk Variety

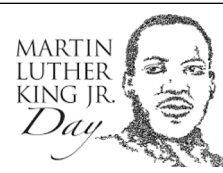
Mini Apple Breakfast Bites
or
Crunchmania
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

Bosco Cheese Stick(2)
w/ Marinara Sauce
or
Powdered or Chocolate WG Donuts
Pears w/ a Pop
100% Fruit Juice 4 oz.
Cold Milk Variety

Chicken & Biscuit
Or
Super Donut Plus
Peach Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

The Max Pizza Stick
or
Breakfast Bar
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

Yogurt Parfait
or
Poptart (2ct.)
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety



MARTIN LUTHER KING JR. Day

Grilled Cheese
or
Cinni Minis
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

Mini Pancakes
or
Breakfast Bread Loaf
Mixed Berry Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

Ham and Cheese
Croissant
or
Muffin (4oz)
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

Strawberry Yogurt Cup w/
Animal Crackers WG
or
Poptart (2ct.)
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

Pancake & Sausage
On a Stick
or
Breakfast Bar
Applesauce
100% Fruit Juice 4 oz.
Cold Milk Variety

Ham, Egg & Cheese
Breakfast Sandwich
or
Doughnut Holes
Strawberry Cup
100% Fruit Juice 4 oz.
Cold Milk Variety

Mini Funnel Cake
or
Breakfast Bar
Fruit Cocktail
100% Fruit Juice 4 oz.
Cold Milk Variety

Sausage & Biscuit
Or
Honey Bun
Fresh Fruit Choice
100% Fruit Juice 4 oz.
Cold Milk Variety

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing. Student meals are served at no cost. Adult Breakfast: \$3.00

This institution is an equal opportunity provider.

