

Monday

Tuesday

Wednesday

Thursday

Friday

2019

1
WINTER BREAK

2
WINTER BREAK

3
WINTER BREAK

4

Teacher Professional Development Day

7

Teacher Professional Development Day

8
Steak Fingers
w/ WG Roll
Breaded Okra
Strawberries
Cold Milk Variety

9
Beef Hotdog w/ Chili
Ranch Fries
Mixed Fruit Cup
Cold Milk Variety

10
Mexican Fiestada
Mexicali Corn
Fresh Fruit Choice
Cold Milk Variety

11
Sweet & Sour Chicken
w/ Teri-Veggie Lo Mein
Broccoli w/ Cheese
Mandarin Oranges
Cold Milk Variety


14
Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Chilled Mixed Fruit
Cold Milk Variety

15
Breakfast for Lunch
Scrambled Eggs
Sausage Links
Biscuit w/ Jelly
Fruit Cup
Cold Milk Variety

16
Rotel Chicken Spaghetti
WG Roll
Cheesy California Veggies
Applesauce
Cold Milk Variety

17
Grilled Cheese
Steamed Broccoli
Assorted Fresh Fruit
Cold Milk Variety

18
BBQ Sandwich
Southern Baked Beans
Pears w/ a Pop
Cold Milk Variety

21

MARTIN LUTHER KING JR. Day

22
Cheeseburger
Ranch Fries
Peaches
Cold Milk Variety

23
Chicken Smackers
WG Roll
Broccoli & Cheese
Assorted Fresh Fruit
Cold Milk Variety

24
Italian Grilled Chicken Sandwich
Sweet Potatoes
Pineapple Tidbits
Cold Milk Variety

25
Corndog
Baked Beans
Pears w/ a Pop
Cold Milk Variety

28
Frito Chili Pie
Cheesy Broccoli
Assorted Fresh Fruit
Cold Milk Variety

29
Chicken Philly
Green Beans w/ Potatoes
Applesauce
Cold Milk Variety

30
Turkey Roast & Gravy
WG Roll
Ranch Mashed Potatoes
Strawberries
Cold Milk Variety

31
BBQ Chicken Nachos
Southern Baked Beans
Mixed Fruit Cup
Cold Milk Variety

Pre- school students will be served all five components for lunch. The components are fruit, grain, meat, vegetables, and milk.

Whole Grain Rich items are offered daily. Meals are subject to change based on availability.

Student meals are served at no cost. Adult Lunch: \$ 4.00

This institution is an equal opportunity provider.

