

## Haywood County Schools (Grades K-5)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety</p>	<p><b>2</b></p> <p>Taco Soup w/Tortilla Chips Or Mexican Fiestada Steamed Broccoli Buttery Corn Chilled Fruit Variety Cold Milk Variety</p>	<p><b>3</b></p> <p>Turkey &amp; Cheese Hoagie Breaded Okra Glazed Carrots Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat</p>	<p><b>4</b></p> <p>Ranch Chopped Salad w/ Breadsticks Or Chicken Nuggets Butter Beans Veggies w/ Ranch Assorted Fresh Fruit Chilled Fruit Variety Cold Milk Variety</p>	<p><b>5</b></p> <p>Chicken Fajita w/ Roasted Peppers &amp; Onions Tomato Salsa w/ Tortilla Chips Perfect Pinto Beans Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety</p>
<p><b>8</b></p> <p>Chicken Sandwich Glazed Carrots Baked Beans Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety</p>	<p><b>9</b></p> <p>Spaghetti Crackers, WG Turnip Greens Black-eyed Peas Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety</p>	<p><b>10</b></p> <p>Beef Hotdog Ranch Fries Green Beans Chilled Fruit Cup 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat with Meal</p>	<p><b>11</b></p> <p>American Harvest Salad w/ Chicken Nuggets &amp; Roll or Breaded Chicken Sandwich Breaded Okra Veggies w/ Ranch Assorted Fresh Fruit Chilled Fruit Variety Cold Milk Variety</p>	<p><b>12</b></p> <p>Pizza Slice Steamed Broccoli Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety</p>
<p><b>15</b></p> <p>Chicken &amp; Waffles Cheesy Broccoli Glazed Carrots Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety</p>	<p><b>16</b></p> <p>Beef-a-Roni WG Roll Mashed Potatoes Green Peas Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety</p>	<p><b>17</b></p> <p>Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat</p>	<p><b>18</b></p> <p>Bistro Spinach Salad w/ Grilled Chicken &amp; Roll Or Grilled Chicken Sandwich Sweet Potatoes Cheesy Broccoli Assorted Fresh Fruit Chilled Fruit Variety Cold Milk Variety</p>	<p><b>19</b></p> <p></p>
<p><b>22</b></p> <p>Country Steak &amp; Gravy w/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick® Cold Milk Variety</p>	<p><b>23</b></p> <p>Rotel Chicken Spaghetti WG Roll Steamed Broccoli Glazed Carrots Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety</p>	<p><b>24</b></p> <p>Corndog Sweet Potatoes Breaded Okra Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat with Meal</p>	<p><b>25</b></p> <p>Fiesta Chicken Salad or Chicken Quesadilla Salsa &amp; Chips Perfect Pinto Beans Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety</p>	<p><b>26</b></p> <p>Pizza Slice Mexicali Corn Cheesy Broccoli Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety</p>
<p><b>29</b></p> <p>Cheeseburger Southern Baked Beans Buttery Corn Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety</p>	<p><b>30</b></p> <p>Turkey Roast w/ Gravy WG Roll Mashed Potatoes Green Peas Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety</p>			

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.