

APRIL 2019Haywood County Schools (Grades Pre-K)



Monday	Tuesday	Wednesday	Thursday	Friday
Cheeseburger Ranch Fries Chilled Fruit Variety Cold Milk Variety	Mexican Fiestada Steamed Broccoli Chilled Fruit Variety Cold Milk Variety	Turkey & Cheese Hoagie Breaded Okra Chilled Fruit Variety Cold Milk Variety	Chicken Nuggets Breadstick Veggies w/ Ranch Assorted Fresh Fruit Cold Milk Variety	Chicken Fajita w/ Roasted Peppers & Onions Perfect Pinto Beans Chilled Fruit Variety Cold Milk Variety
Chicken Sandwich Baked Beans Chilled Fruit Variety Cold Milk Variety	Spaghetti Crackers, WG Blacked-Eyed Peas Assorted Fresh Fruit Cold Milk Variety	Beef Hotdog Ranch Fries Chilled Fruit Cup Cold Milk Variety	Breaded Chicken Sandwich Breaded Okra Assorted Fresh Fruit Cold Milk Variety	Pizza Slice Sweet Potatoes Chilled Fruit Variety Cold Milk Variety
Chicken & Waffles Cheesy Broccoli Chilled Fruit Variety Cold Milk Variety	Beef-a-roni WG Roll Green Peas Chilled Fruit Variety Cold Milk Variety	Cheeseburger Ranch Fries Chilled Fruit Variety Cold Milk Variety	Grilled Chicken Sandwich Sweet Potatoes Assorted Fresh Fruit Cold Milk Variety	Laster Laster
Country Steak &Gravy W/ WG Roll Mashed Potatoes Chilled Mixed Fruit Cold Milk Variety	Rotel Chicken Spaghetti WG Roll Steamed Broccoli Chilled Fruit Variety Cold Milk Variety	Corndog Sweet Potatoes Chilled Fruit Variety Cold Milk Variety	Chicken Quesadilla Perfect Pinto Beans Assorted Fresh Fruit Cold Milk Variety	Pizza Slice Mexicali Corn Chilled Fruit Variety Cold Milk Variety
Cheeseburger Southern Baked Beans Chilled Fruit Variety Cold Milk Variety	Turkey Roast w/ Gravy WG Roll Mashed Potatoes Chilled Fruit Variety Cold Milk Variety			

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.