




Haywood County Schools (Grades Pre-K-K)

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cereal Variety Chilled Fruit Variety Cold Milk Variety	2 Sausage & Biscuit Fresh Fruit Choice Cold Milk Variety	3 Yogurt Variety w/ String Cheese & Graham Crackers Chilled Fruit Variety Cold Milk Variety
6 Cereal Variety Chilled Fruit Variety Cold Milk Variety	7 Bosco Cheese Stick w/ Marinara Sauce Chilled Fruit Variety Cold Milk Variety	8 Chicken & Biscuit Chilled Fruit Variety Cold Milk Variety	9 Breakfast Pizza Fresh Fruit Choice Cold Milk Variety	10 Yogurt Parfait Chilled Fruit Variety Cold Milk Variety
13 Breakfast Pizza Chilled Fruit Variety Cold Milk Variety	14 Grilled Cheese Chilled Fruit Variety Cold Milk Variety	15 Mini Pancakes Chilled Fruit Variety Cold Milk Variety	16 Ham and Cheese Croissant Fresh Fruit Choice Cold Milk Variety	17 Strawberry Yogurt Cup w/ Animal Crackers WG Fresh Fruit Choice Cold Milk Variety
20 Manager's Choice Chilled Fruit Variety Cold Milk Variety	21 Manager's Choice Chilled Fruit Variety Cold Milk Variety	22 Manager's Choice Chilled Fruit Variety Cold Milk Variety	23	24
27 	28 	29 	30 	31 

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces. Student meals are served at no cost. Adult Breakfast: \$3.00

This institution is an equal opportunity provider.