



Monday



Tuesday



Wednesday

Thursday

Friday

Turkey & Cheese Hoagie 1
Dill Pickle Spear
Breaded Okra
Glazed Carrots
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat

Ranch Chopped Salad 2
w/ Roll
Butter Beans
Veggies w/ Ranch
Assorted Fresh Fruit
Chilled Fruit Variety
Cold Milk Variety

Beefy Nachos w/ Salsa 3
Perfect Pinto Beans
Sweet Potatoes
Chilled Fruit Variety
Frozen Fruit Sidekick®
Cold Milk Variety

Chicken Sandwich 6
Glazed Carrots
Cheesy Broccoli
Chilled Fruit Variety
Frozen Fruit Sidekick®
Cold Milk Variety

Taco Spaghetti 7
Crackers, WG
Turnip Greens
Black-eyed Peas
Chilled Fruit Variety
Assorted Fresh Fruit
Cold Milk Variety

Beef Hotdog 8
Ranch Fries
Green Beans
Chilled Fruit Cup
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat with Meal

Chicken Nuggets 9
w/ Jalapeno Corn Muffin
Sweet Potatoes
Veggies w/ Ranch
Baked Cinnamon Apples
Assorted Fresh Fruit
Cold Milk Variety

Sack Lunch 10
Sandwich Variety
Dill Pickle Spears
Veggies w/ Dip
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety

Chicken & Waffles 13
Cheesy Broccoli
Glazed Carrots
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety

Beef-a-Roni 14
WG Roll
Mashed Potatoes
Green Peas
Chilled Fruit Variety
Assorted Fresh Fruit
Cold Milk Variety

Spicy Chicken Sandwich 15
Glazed Carrots
Baked Beans
Chilled Fruit Variety
Frozen Fruit Sidekick®
Cold Milk Variety
Cookie Treat

Chef Salad 16
w/ Croutons & Crackers
Assorted Fresh Fruit
Chilled Fruit Variety
Cold Milk Variety

Cheeseburger 17
Ranch Fries
Green Beans
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety

Country Steak & Gravy 20
w/ Jalapeno Corn Muffin
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®
Cold Milk Variety

Rotel Chicken Spaghetti 21
WG Roll
Steamed Broccoli
Sweet Potatoes
Chilled Fruit Variety
Assorted Fresh Fruit
Cold Milk Variety

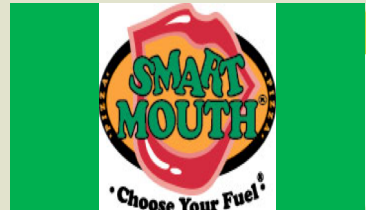
Corndog 22
Potato Wedges
Green Beans
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat with Meal

Manager's Choice 23
Perfect Pinto Beans
Veggies w/ Ranch
Chilled Fruit Variety
Assorted Fresh Fruit
Cold Milk Variety

Sack Lunch 24
Sandwich Variety
Dill Pickle Spears
Carroteenies w/ Dip
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety



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SMART MOUTH PIZZA
Served daily
Cheese or Pepperoni
Flavor of the month:
Cheesy Bread
HMS & HHS Only



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Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.

This institution is an equal opportunity provider.