

## Haywood County Schools Grades 9-12

Monday



Tuesday

**SMART MOUTH PIZZA**  
Served daily  
Cheese or Pepperoni  
HMS & HHS Only

Wednesday

Thursday

Friday

**Student meals are served at no cost.**  
**Adult Lunch: \$ 4.00**

**Sack Lunch**  
Sandwich Variety  
Dill Pickle Spears  
Veggies w/ Dip  
Assorted Fresh Fruit  
100 % Fruit Juice

**5**  
Crazy Tacos  
Tomato Salsa w/ Tortilla Chips  
Perfect Pinto Beans  
Sweet Potatoes  
Fresh Fruit Choice  
100 % Fruit Juice

**6**  
Rotel Chicken Spaghetti  
WG Roll  
Steamed Broccoli  
Buttery Corn  
Chilled Fruit Variety  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**7**  
Cheeseburger  
Ranch Fries  
Green Beans  
Chilled Fruit Variety  
Fruit Juice Variety  
Cookie Treat

**8**  
Chef Salad  
w/ Croutons & Crackers  
Broccoli w/ Dip  
Fresh Fruit Choice  
100 % Fruit Juice

**9**  
Spicy Chicken Sandwich  
California Mixed Veggies  
Baked Beans  
Fresh Fruit Choice  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**12**  
Chicken Smackers  
w/ Cornbread  
Sweet Potatoes  
Breaded Okra  
Fresh Fruit Choice  
100 % Fruit Juice

**13**  
Country Steak & Gravy  
w/ WG Roll  
Mashed Potatoes  
Green Peas  
Chilled Mixed Fruit  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**14**  
Turkey & Cheese Hoagie  
Dill Pickle Spear  
Breaded Okra  
Green Beans  
Chilled Fruit Variety  
100 % Fruit Juice  
Cookie Treat

**15**  
Corndog  
Seasoned Fries  
Glazed Carrots  
Fresh Fruit Choice  
100 % Fruit Juice

**16**  
Beefy Nachos w/ Salsa  
Perfect Pinto Beans  
Mexicali Corn  
Fresh Fruit Choice  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**19**  
Cheeseburger  
Fries  
Steamed Broccoli  
Fresh Fruit Choice  
100 % Fruit Juice

**20**  
Spaghetti  
Crackers, WG  
Turnip Greens  
Blacked-Eyed Peas  
Chilled Fruit Variety  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**21**  
Chicken & Waffles  
Cheesy Broccoli  
Whole Kernel Corn  
Chilled Fruit Variety  
100 % Fruit Juice  
Cookie Treat with Meal

**22**  
Taco Salad  
Salsa & Chips  
Perfect Pinto Beans  
Chilled Fruit Cup  
Fresh Fruit Choice  
100 % Fruit Juice

**23**  
Beef Hotdog  
Ranch Fries  
Baked Beans  
Fresh Fruit Choice  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**26**  
Chicken Sandwich  
Sweet Potatoes  
Cheesy Broccoli  
Fresh Fruit Choice  
100 % Fruit Juice

**27**  
BBQ Chicken Nachos  
Creamy Coleslaw  
Southern Baked Beans  
Chilled Fruit Variety  
Frozen Fruit Sidekick®  
100 % Fruit Juice

**28**  
Cheeseburger  
Ranch Fries  
Green Beans  
Chilled Fruit Variety  
100 % Fruit Juice  
Cookie Treat

**29**  
Frito Chili Pie  
Buttery Corn  
Perfect Pinto Beans  
Fresh Fruit Choice  
100 % Fruit Juice

**30**  
Steak Fingers  
w/ WG Roll  
Glazed Carrots  
Breaded Okra  
Fresh Fruit Choice  
Frozen Fruit Sidekick®  
100 % Fruit Juice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Meals are subject to change based on availability.

*This institution is an equal opportunity provider.*

