

AUGUST 2019 Haywood County Schools Grades K-5



Monday	Tuesday	Wednesday	Thursday	Friday
			Student meals are served at no cost. Adult Lunch: \$ 4.00	Sack Lunch Sandwich Variety Dill Pickle Spears Veggies w/ Dip Assorted Fresh Fruit 100 % Fruit Juice (AECC Does Not Eat Lunch)
Pizza Veggies w/ Dip Sweet Potatoes Fresh Fruit Choice 100 % Fruit Juice	Rotel Chicken Spaghetti 6 WG Roll Steamed Broccoli Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick® 100 % Fruit Juice	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety Fruit Juice Variety Cookie Treat	Chef Salad w/ Croutons & Crackers or Turkey & Cheese Sandwich Broccoli w/ Dip Buttery Corn Fresh Fruit Choice 100 % Fruit Juice	Chicken Sandwich California Mixed Veggies Baked Beans Fresh Fruit Choice Frozen Fruit Sidekick® 100 % Fruit Juice
Chicken Smackers w/ Cornbread Sweet Potatoes Breaded Okra Fresh Fruit Choice 100 % Fruit Juice	Country Steak & Gravy w/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick® 100 % Fruit Juice	Turkey & Cheese Hoagie 4 Dill Pickle Spear Breaded Okra Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat	Corndog Seasoned Fries Glazed Carrots Fresh Fruit Choice 100 % Fruit Juice	Beefy Nachos w/ Salsa Perfect Pinto Beans Mexicali Corn Fresh Fruit Choice Frozen Fruit Sidekick® 100 % Fruit Juice
Cheeseburger Fries Steamed Broccoli Fresh Fruit Choice 100 % Fruit Juice	Spaghetti Crackers, WG Turnip Greens Blacked-Eyed Peas Chilled Fruit Variety Frozen Fruit Sidekick® 100 % Fruit Juice	Chicken & Waffles Cheesy Broccoli Whole Kernel Corn Chilled Fruit Variety 100 % Fruit Juice Cookie Treat with Meal	Mexican Fiestada Salsa & Chips Perfect Pinto Beans Chilled Fruit Cup Fresh Fruit Choice 100 % Fruit Juice	Beef Hotdog Ranch Fries Baked Beans Fresh Fruit Choice Frozen Fruit Sidekick® 100 % Fruit Juice
Chicken Sliders (2) Sweet Potatoes Cheesy Broccoli Fresh Fruit Choice 100 % Fruit Juice	BBQ Chicken Nachos Creamy Coleslaw Southern Baked Beans Chilled Fruit Variety Frozen Fruit Sidekick® 100 % Fruit Juice	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat	Frito Chilli Pie Buttery Corn Perfect Pinto Beans Fresh Fruit Choice 100 % Fruit Juice	Pizza Glazed Carrots Breaded Okra Fresh Fruit Choice Frozen Fruit Sidekick® 100 % Fruit Juce

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. A choice of white and flavored 1% milk is offered daily. Meals without a fruit or vegetable will be charged a la carte pricing.

Meals are subject to change based on availability.