

Haywood County Schools Grades 9-12



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Sandwich Sweet Potatoes Cheesy Broccoli Chilled Fruit Variety 100 % Fruit Juice 2	Steak Fingers w/ WG Roll Glazed Carrots Steamed Mixed Veggies Chilled Fruit Variety Frozen Fruit Sidekick® 3	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat 4	Chili Stuffed Baked Potato WG Crackers Steamed Broccoli Chilled Fruit Variety Fresh Fruit Choice Sunset Sip 5	BBQ Sandwich Creamy Coleslaw Southern Baked Beans Fresh Fruit Choice Frozen Fruit Sidekick® 6
Breakfast for Lunch 9 Scrambled Eggs Sausage Pancakes Hashbrowns Wango Mango Juice Fruit Cup/ Assorted Fresh Fruit	Rotel Chicken Spaghetti WG Roll 10 Seasoned Green Beans Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick®	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat 11	Taco Soup 12 Tortilla Chips Sweet Potatoes Steamed Broccoli Fresh Fruit Choice 100 % Fruit Juice	Spicy Chicken Sandwich 13 California Mixed Veggies Baked Beans Fresh Fruit Choice Frozen Fruit Sidekick®
Chicken Smackers 16 w/ Cornbread Sweet Potatoes Green Beans Fresh Fruit Choice 100 % Fruit Juice	Country Steak & Gravy 17 w/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick®	Vegetable Beef Soup 18 w/ Grilled Cheese Glazed Carrots Steamed Broccoli Assorted Fresh Fruit 100 % Fruit Juice Variety Cookie Treat	Corndog 19 Seasoned Fries Southern Baked Beans Chilled Fruit Variety 100 % Fruit Juice	½ Day 20 Sack Lunch
WONTER BREAK 23	WONTER BREAK 24	WONTER BREAK 25	WONTER BREAK 26	WONTER BREAK 27
WONTER BREAK 30	WONTER BREAK 31			SMART MOUTH PIZZA Served daily Cheese or Pepperoni Flavor of the Month: Italian Sausage HMS & HHS Only



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.