

Haywood County Schools Grades 6-8

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Sandwich Sweet Potatoes Cheesy Broccoli Fresh Fruit Choice 100 % Fruit Juice 2	Steak Fingers w/ WG Roll Glazed Carrots Steamed Mixed Veggies Fresh Fruit Choice Frozen Fruit Sidekick® 3	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat 4	Chili Stuffed Baked Potato WG Crackers Steamed Broccoli Fresh Fruit Choice 100 % Fruit Juice 5	BBQ Sandwich Creamy Coleslaw Southern Baked Beans Chilled Fruit Variety Frozen Fruit Sidekick® 6
Breakfast for Lunch 9 Scrambled Eggs Sausage Pancakes Hashbrowns Fruit Cup 100 % Fruit Juice	Rotel Chicken Spaghetti WG Roll 10 Seasoned Green Beans Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick®	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat 11	Taco Soup Tortilla Chips 12 Glazed Carrots Steamed Broccoli Chilled Fruit Variety 100 % Fruit Juice	Spicy Chicken Sandwich 13 California Mixed Veggies Baked Beans Fresh Fruit Choice Frozen Fruit Sidekick®
Chicken Smackers w/ Cornbread 16 Sweet Potatoes Green Beans Fresh Fruit Choice 100 % Fruit Juice	Country Steak & Gravy 17 w/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick®	Vegetable Beef Soup 18 w/ Grilled Cheese Glazed Carrots Steamed Broccoli Assorted Fresh Fruit 100 % Fruit Juice Variety Cookie Treat	Corndog 19 Seasoned Fries Southern Baked Beans Fresh Fruit Choice 100 % Fruit Juice	½ Day 20 Sack Lunch
WONTER BREAK 23	WONTER BREAK 24	WONTER BREAK 25	WONTER BREAK 26	WONTER BREAK 27
WONTER BREAK 30	WONTER BREAK 31			<div style="background-color: yellow; padding: 10px; border: 1px solid black;"> SMART MOUTH PIZZA Served daily Cheese or Pepperoni Flavor of the Month: Italian Sausage HMS & HHS Only </div>



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.