



| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |
|---|---|---|---|--|
|   | <b>SMART MOUTH PIZZA</b><br>Served daily<br>Cheese or Pepperoni<br>Flavor of the Month:<br><b>Mexican Pizza</b><br>HMS & HHS Only | <b>Happy New Year!</b> 1  | <b>Happy New Year!</b> 2  | <b>Happy New Year!</b> 3   |
| Students Do Not Attend 6<br>  | Students Do Not Attend 7<br>  | 8<br>Chicken & Waffles<br>Cheesy Broccoli<br>Glazed Carrots<br>Chilled Fruit Variety<br>100 % Fruit Juice<br>Cookie Treat | 9<br>Chili Dog<br>Ranch Fries<br>Creamy Slaw<br>Fresh Fruit Choice<br>100 % Fruit Juice   | 10<br>Beef & Bean Burrito w/ Salsa<br>Mexicali Corn<br>Perfect Pinto Beans<br>Fresh Fruit Choice<br>Frozen Fruit Sidekick® |
| 13<br>Chicken Sandwich<br>Sweet Potatoes<br>Cheesy Broccoli<br>Fresh Fruit Choice<br>100 % Fruit Juice  | 14<br>Steak Fingers<br>w/ WG Roll<br>Glazed Carrots<br>Steamed Mixed Veggies<br>Fresh Fruit Choice<br>Frozen Fruit Sidekick®      | 15<br>Cheeseburger<br>Ranch Fries<br>Green Beans<br>Chilled Fruit Variety<br>Cookie Treat                                 | 16<br>Chili Stuffed Baked Potato<br>WG Crackers<br>Steamed Broccoli<br>Fresh Fruit Choice<br>100 % Fruit Juice                            | 17<br>BBQ Chicken Nachos<br>Creamy Coleslaw<br>Southern Baked Beans<br>Chilled Fruit Variety<br>Frozen Fruit Sidekick®     |
| 20<br>  | 21<br>Rotel Chicken Spaghetti<br>WG Roll<br>Black-eyed Peas<br>Sweet Potatoes<br>Chilled Fruit Variety<br>Frozen Fruit Sidekick®  | 22<br>Cheeseburger<br>Ranch Fries<br>Green Beans<br>Chilled Fruit Variety<br>100 % Fruit Juice<br>Cookie Treat            | 23<br>White Chicken Chili<br>Corn Bread<br>Glazed Carrots<br>Steamed Broccoli<br>Chilled Fruit Variety<br>100 % Fruit Juice               | 24<br>Spicy Chicken Sandwich<br>California Mixed Veggies<br>Baked Beans<br>Fresh Fruit Choice<br>Frozen Fruit Sidekick®    |
| 27<br>Chicken Smackers<br>Cornbread<br>Sweet Potatoes<br>Broccoli & Cheese<br>Stuffed Baked Potato<br>Assorted Fresh Fruit<br>100 % Fruit Juice | 28<br>Country Steak & Gravy<br>w/ WG Roll<br>Mashed Potatoes<br>Green Peas<br>Chilled Mixed Fruit<br>Frozen Fruit Sidekick®       | 29<br>Corndog<br>Seasoned Fries<br>Southern Baked Beans<br>Fresh Fruit Choice<br>100 % Fruit Juice<br>Cookie Treat        | 30<br>Vegetable Beef Soup<br>w/ Grilled Cheese<br>Glazed Carrots<br>Steamed Broccoli<br>Assorted Fresh Fruit<br>100 % Fruit Juice Variety | 31<br>Beefy Nachos w/ Salsa<br>Perfect Pinto Beans<br>Mexicali Corn<br>Fresh Fruit Choice<br>Frozen Fruit Sidekick®        |

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.