

Monday

2
Cheeseburger
Fries
Green Beans
Sunset Sip
Fresh Fruit Choice
100 % Fruit Juice

9
Chicken Sandwich
Sweet Potatoes
Cheesy Broccoli
Fresh Fruit Choice
100 % Fruit Juice



23
Rotel Chicken Spaghetti
WG Roll
Green Beans
Sweet Potatoes
Chilled Fruit Variety
100 % Fruit Juice

30
Turkey Roast & Gravy
w/ WG Roll
Mashed Potatoes
Green Peas
Assorted Fresh Fruit
100 % Fruit Juice

Tuesday

3
Spaghetti
Crackers or Corn Bread
Turnip Greens
Blacked-Eyed Peas
Chilled Fruit Variety
Frozen Fruit Sidekick®

10
Steak Fingers w/ WG Roll
Glazed Carrots
Steamed Mixed Veggies
Chilled Fruit Variety
Frozen Fruit Sidekick®



24
Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®

31
Chicken Smackers
Cornbread
Sweet Potatoes
Broccoli & Cheese
Chilled Mixed Fruit
Frozen Fruit Sidekick®

Wednesday

4
Chicken & Waffles
Cheesy Broccoli
Sweet Potatoes
Chilled Fruit Variety
100 % Fruit Juice
Cookie Treat

11
Cheeseburger
Ranch Fries
Green Beans
Chilled Fruit Variety
Sunset Sip
Cookie Treat



25
Beefy Nachos w/ Salsa
Perfect Pinto Beans
Mexicali Corn
Chilled Fruit Variety
100 % Fruit Juice
Cookie Treat



Thursday

5
Turkey & Cheese Hoagie
Dill Pickle Spear
Buttery Corn
Carrots & Dip
Fresh Fruit Choice
100 % Fruit Juice

12
Parent Teacher Conference
1/2 Day Sack Lunch



26
Chef Salad
w/ Croutons & Crackers
Broccoli w/ Dip
Fresh Fruit Choice
Sunset Sip

Friday

6
BBQ Sandwich
Creamy Coleslaw
Southern Baked Beans
Fresh Fruit Choice
Frozen Fruit Sidekick®



27
Spicy Chicken Sandwich
California Mixed Veggies
Baked Beans
Fresh Fruit Choice
Frozen Fruit Sidekick®



SMART MOUTH PIZZA

Served daily
Cheese or Pepperoni
Flavor of the Month:
Veggie Pizza
HMS & HHS Only

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Meals are subject to change based on availability. Student meals are served at no cost. **Adult Lunch: \$ 4.00**

This institution is an equal opportunity provider.