

Haywood County Schools Grades Pre-K Take-Home

Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Adult Breakfast: \$3.00

Mini Pancakes
Fresh Fruit Choice
1% Milk Choice



Fall Break

Fall Break

Fall Break

Fall Break

Fall Break

Cereal **12**
Chilled Fruit Variety
1% Milk Choice

Mini Waffles **13**
Chilled Fruit Variety
1% Milk Choice

Cereal **14**
Chilled Fruit Variety
1% Milk Choice

Mini Pancakes **15**
Fresh Fruit Choice
1% Milk Choice

Cereal **16**
Fresh Fruit Choice
1% Milk Choice

Cereal **19**
Chilled Fruit Variety
1% Milk Choice

Mini Waffles **20**
Chilled Fruit Variety
1% Milk Choice

Cereal **21**
Chilled Fruit Variety
1% Milk Choice

Mini Pancakes **22**
Fresh Fruit Choice
1% Milk Choice

Cereal **23**
Fresh Fruit Choice
1% Milk Choice

Cereal **26**
Chilled Fruit Variety
1% Milk Choice

Mini Waffles **27**
Chilled Fruit Variety
1% Milk Choice

Cereal **28**
Chilled Fruit Variety
1% Milk Choice

Mini Pancakes **29**
Fresh Fruit Choice
1% Milk Choice

Cereal **30**
Fresh Fruit Choice
1% Milk Choice

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces.

This institution is an equal opportunity provider.

