



BREAKFAST

OCTOBER 2020

Haywood County Schools Grades Pre-K In-School



Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Adult Breakfast:
\$3.00

Bosco Cheese Stick
w/ Marinara
Fresh Fruit Choice
1% Milk Choice



Fall Break

Fall Break

Fall Break

Fall Break

Fall Break

Yogurt Variety
Graham Crackers
Fruit Variety
1% Milk Choice

Ham and Cheese
Croissant
Chilled Fruit Variety
1% Milk Choice

Mini Pancakes
Chilled Fruit Variety
1% Milk Choice

Pizza Stick
Fresh Fruit Choice
1% Milk Choice

Chicken & Biscuit
Fresh Fruit Choice
1% Milk Choice

Yogurt Variety
Graham Crackers
Fruit Variety
1% Milk Choice

Ham and Cheese
Croissant
Chilled Fruit Variety
1% Milk Choice

Mini Pancakes
Chilled Fruit Variety
1% Milk Choice

Pizza Stick
Fresh Fruit Choice
1% Milk Choice

Chicken & Biscuit
Fresh Fruit Choice
1% Milk Choice

Pancake & Sausage
Nuggets
Fruit Variety
1% Milk Choice

Breakfast Sandwich
Chilled Fruit Variety
1% Milk Choice

Sausage & Biscuit
Chilled Fruit Variety
1% Milk Choice

Bosco Cheese Stick
w/ Marinara
Fresh Fruit Choice
1% Milk Choice

Mini Waffles
Fresh Fruit Choice
1% Milk Choice

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces.

This institution is an equal opportunity provider.

