

Haywood County Schools K-12 In-School Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.
Adult Lunch: \$ 4.00

½ Day **1**
Parent/Teacher Conference
Sack Lunch

2
PROFESSIONAL
DEVELOPMENT




Chicken Smackers **12**
w/ Cornbread
Sweet Potatoes
Green Beans
Fresh Fruit Choice
100 % Fruit Juice

Country Steak & Gravy **13**
w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®

Pizza **14**
Buttery Butter Beans
Cheesy Broccoli
Chilled Fruit Variety
100 % Fruit Juice

Spaghetti **15**
Crackers
Turnip Greens
Blacked-Eyed Peas
Fresh Fruit Choice
100 % Fruit Juice

Beefy Nachos w/ Salsa **16**
Perfect Pinto Beans
Mexicali Corn
Fresh Fruit Choice
Frozen Fruit Sidekick®

Chicken Smackers **19**
w/ Cornbread
Sweet Potatoes
Green Beans
Fresh Fruit Choice
100 % Fruit Juice

Country Steak & Gravy **20**
w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®

Pizza **21**
Buttery Butter Beans
Cheesy Broccoli
Chilled Fruit Variety
100 % Fruit Juice

Spaghetti **22**
Crackers
Turnip Greens
Blacked-Eyed Peas
Fresh Fruit Choice
100 % Fruit Juice

Beefy Nachos w/ Salsa **23**
Perfect Pinto Beans
Mexicali Corn
Fresh Fruit Choice
Frozen Fruit Sidekick®

Pizza **26**
Veggies w/ Dip
Sweet Potatoes
Fresh Fruit Choice
100 % Fruit Juice

Rotel Chicken Spaghetti **27**
WG Roll
Steamed Broccoli
Buttery Corn
Chilled Fruit Variety
Frozen Fruit Sidekick®

Cheeseburger **28**
Ranch Fries
Green Beans
Chilled Fruit Variety
100 % Fruit Juice

Corndog **29**
Seasoned Fries
Glazed Carrots
Fresh Fruit Choice
100 % Fruit Juice

Chicken Sandwich **30**
California Mixed Veggies
Baked Beans
Fresh Fruit Choice
Frozen Fruit Sidekick®

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Meals are subject to change based on availability.

This institution is an equal opportunity provider.

