

**Haywood County Schools Grades 6-8 (Grab & Go)**

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>3</b> Bosco Cheese Stick(2) w/ Marinara Sauce or Powdered or Chocolate WG Donuts Pears w/ a Pop Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>4</b> Bosco Cheese Stick(2) w/ Marinara Sauce or Powdered or Chocolate WG Donuts Pears w/ a Pop Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>5</b> Chicken &amp; Biscuit Or Super Donut Plus Peach Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>6</b> The Max Pizza Stick or Breakfast Bar Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>7</b> Yogurt Parfait or Poptart (2ct.) Fresh Citrus Fruit Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>
<p><b>10</b> Bosco Cheese Stick(2) w/ Marinara Sauce or Breakfast Bar Pineapple Chunks Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>11</b> Grilled Cheese or Cinni Minis Applesauce Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>12</b> Mini Pancakes or Cereal Choice Mandarin Oranges Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>13</b> Ham and Cheese Croissant or Blueberry Muffin (2oz) Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>14</b> Strawberry Yogurt Cup w/ Animal Crackers WG or Poptart (2ct.) Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>
<p><b>17</b> Pancake &amp; Sausage On a Stick or Breakfast Bar Applesauce Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>18</b> Ham, Egg &amp; Cheese Breakfast Sandwich or Doughnut Holes Strawberry Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>19</b> Mini Funnel Cake or Breakfast Bar Fruit Cocktail Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>20</b> Sausage &amp; Biscuit Or Honey Bun Breakfast Bar Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>21</b> Yogurt Variety w/ String Cheese &amp; Graham Crackers or Poptart (2ct.) Fresh Mixed Fruit Fruit Juice Variety 4 oz. Cold Milk Variety</p>
<p><b>24</b> French Toast Sticks or Crunchmania Applesauce Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>25</b> Bosco Cheese Stick(2) w/ Marinara Sauce or Powdered or Chocolate WG Donuts Pears w/ a Pop Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>26</b> Chicken &amp; Biscuit Or Super Donut Plus Peach Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>27</b> The Max Pizza Stick or Breakfast Bar Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p><b>28</b> Yogurt Parfait or Poptart (2ct.) Fresh Citrus Fruit Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>

A variety of 2oz. cereal will be offered in the cafeteria daily.

Student meals are served at no cost.  
Adult Breakfast: \$3.00

Every Breakfast includes a choice of Non-Fat Flavored Milk or 1% White Milk.

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing.