

Haywood County Schools Grades 9-12 (Grab & Go)

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>3 Bosco Cheese Stick(2) w/ Marinara Sauce or Powdered or Chocolate WG Donuts Pears w/ a Pop Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>4 Bosco Cheese Stick(2) w/ Marinara Sauce or Powdered or Chocolate WG Donuts Pears w/ a Pop Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>5 Chicken & Biscuit Or Super Donut Plus Peach Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>6 The Max Pizza Stick or Breakfast Bar Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>7 Yogurt Parfait or Poptart (2ct.) Fresh Citrus Fruit Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>
<p>10 Bosco Cheese Stick(2) w/ Marinara Sauce or Breakfast Bar Pineapple Chunks Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>11 Grilled Cheese or Cinni Minis Applesauce Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>12 Mini Pancakes or Breakfast Bar Mandarin Oranges Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>13 Ham and Cheese Croissant or Blueberry Muffin (4oz) Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>14 Strawberry Yogurt Cup w/ Animal Crackers WG or Poptart (2ct.) Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>
<p>17 Pancake & Sausage On a Stick or Breakfast Bar Applesauce Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>18 Ham, Egg & Cheese Breakfast Sandwich or Doughnut Holes Strawberry Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>19 Mini Funnel Cake or Breakfast Bar Fruit Cocktail Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>20 Sausage & Biscuit Or Honey Bun Breakfast Bar Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>21 Yogurt Variety w/ String Cheese & Graham Crackers or Poptart (2ct.) Fresh Mixed Fruit Fruit Juice Variety 4 oz. Cold Milk Variety</p>
<p>24 French Toast Sticks w/ Lil' Smokies or Crunchmania Applesauce Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>25 Bosco Cheese Stick(2) w/ Marinara Sauce or Powdered or Chocolate WG Donuts Pears w/ a Pop Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>26 Chicken & Biscuit Or Super Donut Plus Peach Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>27 The Max Pizza Stick or Breakfast Bar Fresh Fruit Choice Fruit Juice Variety 4 oz. Cold Milk Variety</p>	<p>28 Yogurt Parfait or Poptart (2ct.) Fresh Citrus Fruit Cup Fruit Juice Variety 4 oz. Cold Milk Variety</p>

A variety of 2oz. cereal will be offered in the cafeteria daily.

Student meals are served at no cost.
Adult Breakfast: \$3.00

Every Breakfast includes a choice of Non-Fat Flavored Milk or 1% White Milk.

To make a reimbursable meal, students must select at least 3 different food items. (At least one item must be a ½ cup fruit, ½ cup vegetable or a 4 oz. fruit juice.) Students may select as many fruits and vegetables as offered, but multiple servings of the same will be charged at a la carte pricing.