

## **SEPTEMBER 2018**Haywood County Schools Grades Pre-K



	Monday	Tuesday	Wednesday	Thursday	Friday
	LABOR DAY	Bosco Cheese Stick (1) w/ Marinara Sauce Pears w/ a Pop Cold Milk Variety	Chicken & Biscuit Peach Cup Cold Milk Variety	The Max Breakfast Pizza Fresh Fruit Choice Cold Milk Variety	Yogurt Parfait Fresh Citrus Fruit Cup Cold Milk Variety
V	Tony's Breakfast Pizza Pineapple Tidbits Cold Milk Variety	Grilled Cheese Applesauce Cold Milk Variety	Mini Pancakes Mandarin Oranges Cold Milk Variety	Ham and Cheese Croissant Fresh Fruit Choice Cold Milk Variety	Strawberry Yogurt Cup w Animal Crackers WG Fresh Fruit Choice Cold Milk Variety
<b>*</b>	Pancake & Sausage Nuggets Applesauce Cold Milk Variety	Ham, Egg & Cheese Breakfast Sandwich Strawberry Cup Cold Milk Variety	Cereal Variety Fruit Cocktail Cold Milk Variety	Country Breakfast Fresh Fruit Choice Cold Milk Variety	Yogurt Variety Graham Crackers Fresh Mixed Fruit Cold Milk Variety
	French Toast Sticks Applesauce Cold Milk Variety	Bosco Cheese Stick (1)  W/ Marinara Sauce Pears w/ a Pop Cold Milk Variety	Chicken & Biscuit Peach Cup Cold Milk Variety	The Max Breakfast Pizza Fresh Fruit Choice Cold Milk Variety	Yogurt Parfait Fresh Citrus Fruit Cup Cold Milk Variety
	2+2 +	No	Every Breakfast includes a choice of on-Fat White Milk or 1% White Milk.	Student meals are served at no cost. Adult Breakfast: \$3.00	La L

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces.