

NOVEMBER 2018

Haywood County Schools (Grades K-5)



Monday **Tuesday** **Wednesday** **Thursday** **Friday**



<p>Country Steak & Gravy w/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick® Cold Milk Variety</p> <p>5</p>	<p>Stockpile Day</p>  <p>6</p>	<p>Rotel Chicken Spaghetti WG Roll Cheesy California Veggies Glazed Carrots Applesauce 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat</p> <p>7</p>	<p>Taco Soup w/Tortilla Chips or Mexican Fiestada Cheesy Refried Beans Glazed Carrots Applesauce Fresh Fruit Choice Cold Milk Variety</p> <p>1</p>	<p>Beef Hotdog Ranch Fries Baked Beans Mixed Fruit Cup Fruit Juice Variety Cold Milk Variety</p> <p>2</p>
<p>Turkey & Cheese Hoagie Dill Pickle Spear Breaded Okra Glazed Carrots Pears w/ a Pop Frozen Fruit Sidekick® Cold Milk Variety</p> <p>12</p>	<p>White Chicken Chili w/ Cornbread or Italian Grilled Chicken Sandwich Sweet Potatoes Cheesy Broccoli Pineapple Tidbits 100 % Fruit Juice Variety Cold Milk Variety</p> <p>13</p>	<p>Pizza Slice Crispy Tater Tots Seasoned Green Beans Fruit Cocktail Fruit Juice Variety Cold Milk Variety Cookie Treat</p> <p>14</p>	<p>Turkey & Dressing w/ Gravy & Cranberry Sauce Mashed Sweet Potatoes Seasoned Green Beans Corn Pudding Strawberries/Assorted Fresh Fruit Cold Milk Variety</p> <p>8</p>	<p>BBQ Sandwich Creamy Coleslaw Southern Baked Beans Assorted Fresh Fruit Frozen Fruit Sidekick® Cold Milk Variety</p> <p>9</p>
<p>Vegetable Beef Soup w/ Grilled Cheese Buttery Corn Cheesy California Veggies Assorted Fresh Fruit 100 % Fruit Juice Variety Cold Milk Variety</p> <p>15</p>	<p>Vegetable Beef Soup w/ Grilled Cheese Buttery Corn Cheesy California Veggies Assorted Fresh Fruit 100 % Fruit Juice Variety Cold Milk Variety</p> <p>15</p>	<p>Cheeseburger Pickles Ranch Fries Perfect Pinto Beans Assorted Fresh Fruit Frozen Fruit Sidekick® Cold Milk Variety</p> <p>16</p>	<p>Vegetable Beef Soup w/ Grilled Cheese Buttery Corn Cheesy California Veggies Assorted Fresh Fruit 100 % Fruit Juice Variety Cold Milk Variety</p> <p>15</p>	<p>Cheeseburger Pickles Ranch Fries Perfect Pinto Beans Assorted Fresh Fruit Frozen Fruit Sidekick® Cold Milk Variety</p> <p>16</p>
 <p>19</p>	 <p>20</p>	 <p>21</p>	<p><i>Happy Thanksgiving</i></p>  <p>22</p>	 <p>23</p>
<p>Pizza Slice Ranch Mashed Potatoes Green Peas Strawberry Cup Frozen Fruit Sidekick® Cold Milk Variety</p> <p>26</p>	<p>Breakfast for Lunch Scrambled Eggs Sausage Links Pancakes Hashbrowns Sunset Sip Juice Fruit Cup/ Assorted Fresh Fruit Cold Milk Variety</p> <p>27</p>	<p>Chicken Philly Green Beans w/ Potatoes Breaded Okra Applesauce 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat</p> <p>28</p>	<p>Chili w/ WG Crackers or Deli Sub Sweet Potatoes Cheesy Broccoli Chilled Peaches Assorted Fresh Fruit Cold Milk Variety</p> <p>29</p>	<p>Breaded Chicken Sandwich Seasoned Fries Baked Beans Assorted Fresh Fruit Frozen Fruit Sidekick® Cold Milk Variety</p> <p>30</p>

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability. Student meals are served at no cost. Adult Lunch: \$ 4.00