



Monday Tuesday Wednesday Thursday Friday

2019

WINTER BREAK

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Teacher Professional Development Day



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Ham, Egg & Cheese Breakfast Sandwich
Strawberry Cup
Cold Milk Variety

Cereal Variety
Fruit Cocktail
Cold Milk Variety

Sausage & Biscuit
Fresh Fruit Choice
Cold Milk Variety

Yogurt Variety w/
String Cheese & Graham Crackers
Fresh Mixed Fruit
Cold Milk Variety

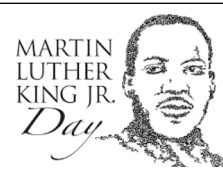
Cereal Variety
Applesauce
Cold Milk Variety

Bosco Cheese Stick w/
Marinara Sauce
Pears w/ a Pop
Cold Milk Variety

Chicken & Biscuit
Peach Cup
Cold Milk Variety

The Max Breakfast Pizza
Fresh Fruit Choice
Cold Milk Variety

Yogurt Parfait
Applesauce
Cold Milk Variety



MARTIN LUTHER KING JR. Day

Grilled Cheese
Applesauce
Cold Milk Variety

Mini Pancakes
Mixed Berry Cup
Cold Milk Variety

Ham and Cheese
Croissant
Fresh Fruit Choice
Cold Milk Variety

Strawberry Yogurt Cup w/
Animal Crackers WG
Fresh Fruit Choice
Cold Milk Variety

Pancake & Sausage
Nuggets
Applesauce
Cold Milk Variety

Ham, Egg & Cheese
Breakfast Sandwich
Strawberry Cup
Cold Milk Variety

Cereal Variety
Fruit Cocktail
Cold Milk Variety

Sausage & Biscuit
Fresh Fruit Choice
Cold Milk Variety



To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. Yogurt must contain no more than 23 grams of sugar per 6 ounces. Student meals are served at no cost.

Adult Breakfast: \$3.00