

Monday

Tuesday

Wednesday

Thursday

Friday

2019



Teacher Professional Development Day



Steak Fingers w/ WG Roll
Sweet Potatoes
Breaded Okra
Strawberries
100 % Fruit Juice
Cold Milk Variety



Beef Hotdog w/ Chili
Ranch Fries
Baked Beans
Mixed Fruit Cup
Frozen Fruit Sidekick®
Cold Milk Variety
Cookie Treat



Crazy Taco w/ Salsa Or Mexican Fiestada
Perfect Pinto Beans
Mexicali Corn
Applesauce
Fresh Fruit Choice
Cold Milk Variety



Teacher Professional Development Day

Sweet & Sour Chicken w/ Teri-Veggie Lo Mein
Eggroll
Oriental Veggies
Broccoli w/ Cheese
Mandarin Oranges
100 % Fruit Juice
Cold Milk Variety
Fortune Cookie w/ Meal

Country Steak & Gravy w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®
Cold Milk Variety

Breakfast for Lunch
Scrambled Eggs
Sausage Links
Biscuit w/ Jelly
Hashbrowns
Fruit Cup/ Assorted Fresh Fruit
Cold Milk Variety

Rotel Chicken Spaghetti
WG Roll
Cheesy California Veggies
Glazed Carrots
Applesauce
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat

Vegetable Beef Soup w/ Grilled Cheese
Steamed Broccoli
Sweet Potatoes
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety

BBQ Sandwich
Creamy Coleslaw
Southern Baked Beans
Frozen Fruit Sidekick®
Pears w/ a Pop
Cold Milk Variety



Cheeseburger
Ranch Fries
Green Beans
Peaches
Frozen Fruit Sidekick®
Cold Milk Variety

Chicken Smackers
WG Roll
Broccoli & Cheese Stuffed Baked Potato
Assorted Fresh Fruit
100 % Fruit Juice
Cold Milk Variety
Cookie Treat

White Chicken Chili w/ Jalapeno Cornbread or Italian Grilled Chicken Sandwich
Sweet Potatoes
Mixed Italian Veggies
Pineapple Chunks
100 % Fruit Juice Variety
Cold Milk Variety

Corndog
Glazed Carrots
Baked Beans
Pears w/ a Pop
Frozen Fruit Sidekick®
Cold Milk Variety

Frito Chili Pie
Sweet Potatoes
Cheesy Broccoli
Assorted Fresh Fruit
Frozen Fruit Sidekick®
Cold Milk Variety

Chicken Philly
Green Beans w/ Potatoes
Breaded Okra
Applesauce
100 % Fruit Juice Variety
Cold Milk Variety

Turkey Roast & Gravy
WG Roll
Ranch Mashed Potatoes
Green Peas
Assorted Fresh Fruit
Strawberries
Cold Milk Variety
Cookie Treat

BBQ Chicken Nachos
Creamy Coleslaw
Southern Baked Beans
Mixed Fruit Cup
Frozen Fruit Sidekick®
Cold Milk Variety

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.

Student meals are served at no cost. Adult Lunch: \$ 4.00

This institution is an equal opportunity provider.

