

Monday

Tuesday

Wednesday

Thursday

Friday

2019



Teacher Professional Development Day



Steak Fingers w/ WG Roll  
Sweet Potatoes  
Breaded Okra  
Strawberries  
100 % Fruit Juice  
Cold Milk Variety



Beef Hotdog w/ Chili  
Ranch Fries  
Baked Beans  
Mixed Fruit Cup  
100 % Fruit Juice  
Cold Milk Variety  
Cookie Treat



Walking Taco w/ Salsa Or Mexican Fiestada  
Perfect Pinto Beans  
Mexicali Corn  
Applesauce  
Fresh Fruit Choice  
Cold Milk Variety



Teacher Professional Development Day

Sweet & Sour Chicken w/ Teri-Veggie Lo Mein  
Oriental Veggies  
Broccoli w/ Cheese  
Mandarin Oranges  
Frozen Fruit Sidekick®  
Cold Milk Variety  
Fortune Cookie w/ Meal

Country Steak & Gravy w/ WG Roll  
Mashed Potatoes  
Green Peas  
Chilled Mixed Fruit  
Frozen Fruit Sidekick®  
Cold Milk Variety

**Breakfast for Lunch**  
Scrambled Eggs  
Sausage Links  
Biscuit w/ Jelly  
Hashbrowns  
Fruit Cup/ Assorted Fresh Fruit  
Cold Milk Variety

Rotel Chicken Spaghetti  
WG Roll  
Cheesy California Veggies  
Glazed Carrots  
Applesauce  
100 % Fruit Juice Variety  
Cold Milk Variety  
Cookie Treat

Vegetable Beef Soup w/ Grilled Cheese  
Steamed Broccoli  
Sweet Potatoes  
Assorted Fresh Fruit  
100 % Fruit Juice Variety  
Cold Milk Variety

BBQ Sandwich  
Creamy Coleslaw  
Southern Baked Beans  
Frozen Fruit Sidekick®  
Pears w/ a Pop  
Cold Milk Variety



Cheeseburger  
Ranch Fries  
Green Beans  
Peaches  
Frozen Fruit Sidekick®  
Cold Milk Variety

Chicken Smackers  
WG Roll  
Broccoli & Cheese Stuffed Baked Potato  
Assorted Fresh Fruit  
100 % Fruit Juice  
Cold Milk Variety  
Cookie Treat

White Chicken Chili  
Cornbread or Italian Grilled Chicken Sandwich  
Sweet Potatoes  
Mixed Italian Veggies  
Pineapple Chunks  
100 % Fruit Juice Variety  
Cold Milk Variety

Corndog  
Glazed Carrots  
Baked Beans  
Pears w/ a Pop  
Frozen Fruit Sidekick®  
Cold Milk Variety

Frito Chili Pie  
Sweet Potatoes  
Cheesy Broccoli  
Assorted Fresh Fruit  
Frozen Fruit Sidekick®  
Cold Milk Variety

Chicken Philly  
Green Beans w/ Potatoes  
Breaded Okra  
Applesauce  
100 % Fruit Juice Variety  
Cold Milk Variety

Turkey Roast & Gravy  
WG Roll  
Ranch Mashed Potatoes  
Green Peas  
Assorted Fresh Fruit  
Strawberries  
Cold Milk Variety  
Cookie Treat

BBQ Chicken Nachos  
Creamy Coleslaw  
Southern Baked Beans  
Mixed Fruit Cup  
Frozen Fruit Sidekick®  
Cold Milk Variety

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily.

Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.

Student meals are served at no cost. Adult Lunch: \$ 4.00

This institution is an equal opportunity provider.

