



Monday

Tuesday

Wednesday

Thursday

Friday

1
Student meals are served at no cost.
Adult Breakfast: \$2.50

2
Winter Break


3
A variety of 2 oz. cereals will be offered daily.

4
Winter Break


5
Every Breakfast includes a choice of Non-Fat White Milk or 1% White Milk.

8
Cereal Choice
Pineapple Tidbits
Cold Milk Variety

9
Grilled Cheese
Applesauce
Cold Milk Variety

10
Mini Pancakes
Mandarin Oranges
Cold Milk Variety

11
Ham & Cheese Croissant
Fresh Fruit Choice
Cold Milk Variety

12
Strawberry Yogurt Cup
Fresh Mixed Fruit
Cold Milk Variety



16
Ham, Egg & Cheese Breakfast Sandwich
Strawberry Cup
Cold Milk Variety

17
Cherry Trix Yogurt w/ String Cheese
Fruit Cocktail
Cold Milk Variety

18
Cereal Choice
Fresh Fruit Choice
Cold Milk Variety

19
Ham, Egg & Cheese Breakfast Bar
Fresh Fruit Variety
Cold Milk Variety

22
French Toast Sticks
Applesauce
Cold Milk Variety

23
Cereal Choice
Pears w/ a Pop
Cold Milk Variety

24
Sausage & Biscuit
Peach Cup
Cold Milk Variety

25
The Max Breakfast Pizza
Fresh Fruit Choice
Cold Milk Variety

26
Yogurt Parfait
Fresh Citrus Fruit Cup
Cold Milk Variety

29
Tony's Breakfast Pizza
Pineapple Tidbits
Cold Milk Variety

30
Grilled Cheese
Applesauce
Cold Milk Variety

31
Mini Pancakes
Mandarin Oranges
Cold Milk Variety



To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. Yogurt must contain no more than 23 grams of sugar per 6 ounces.