

JANUARY 2019 Haywood County Schools Grades Pre-K



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**	Monday	Tuesday	Wednesday	Thursday	Friday
	Wittber Break	Student meals are served at no cost. Adult Lunch: \$ 3.50	Winder Break	Every Lunch includes a choice of Non-Fat White Milk or 1% White Milk	Winter Break 5
	Fish Sticks w/ Hushpuppies Glazed Carrots Assorted Fresh Fruit Cold Milk Variety	Chicken Philly Broccoli Parmesan Mandarin Oranges Cold Milk Variety	Cheeseburger Lettuce / Tomato / Pickle Fries Strawberry Cup Cold Milk Variety	BBQ Chicken Sandwich Breaded Okra Fruit Cocktail Cold Milk Variety	Grilled Cheese Buttery Corn Assorted Fresh Fruit Cold Milk Variety
W W W W W W W W W W W W W W W W W W W	M.L.	Chicken Alfredo w/ a Twist 16 WG Roll Whole Kernel Corn Applesauce Cold Milk Variety	Chili w/ Crackers Seasoned Green Beans Pineapple Tidbits Cold Milk Variety	Pizza Slice Seasoned Fries Pears w/ a Pop Cold Milk Variety	Country Steak & Gravy w/ WG Roll Mashed Potatoes Chilled Mixed Fruit Cold Milk Variety
	Chicken Fajita w/ Roasted Peppers & Onions Perfect Pinto Beans Fruit Cocktail Cold Milk Variety	Italian Spaghetti – Cracker Seasoned Green Beans Strawberry Cup Cold Milk Variety	Ham & Cheese Hoagie Lettuce / Tomato / Pickle Crispy Tater Tots Raisels Cold Milk Variety	Mexican Fiestada Cheesy Broccoli Applesauce Cold Milk Variety	Sweet & Sour Chicken w/ Teri-Veggie Lo Mein Chinese Style Veggies Mandarin Oranges Cold Milk Variety
~	Mini Meatball Sub Seasoned Potato Wedges Fruit Cocktail Cold Milk Variety	Chicken Tetrazzini W/ WG Roll Buttery Corn Pineapple Tidbits Cold Milk Variety	Cheeseburger Lettuce/Tomato/ Pickle Southern Baked Beans Strawberry Cup Cold Milk Variety		

Pre- school students will be served all five components for lunch. The components are fruit, grain, meat, vegetables, and milk.

Whole Grain Rich items are offered daily. Meals are subject to change based on availability.