

MARCH 2019 Haywood County Schools (Grades Pre-K)



Monday	Tuesday	Wednesday	Thursday	Friday
				Yogurt Parfait Fresh Fruit Choice Cold Milk Variety
Tony's Breakfast Pizza Chilled Fruit Variety Cold Milk Variety	Grilled Cheese Chilled Fruit Variety Cold Milk Variety	Mini Pancakes Chilled Fruit Variety Cold Milk Variety	Ham and Cheese Croissant Chilled Fruit Variety Cold Milk Variety	Strawberry Yogurt Cup w Animal Crackers WG Fresh Fruit Choice Cold Milk Variety
Pancake & Sausage Nuggets Chilled Fruit Variety Cold Milk Variety	Ham, Egg & Cheese Breakfast Sandwich Chilled Fruit Variety Cold Milk Variety	Cereal Variety Chilled Fruit Variety Cold Milk Variety	Sausage & Biscuits Chilled Fruit Variety Cold Milk Variety	Yogurt Variety w/ String Cheese & Graham Crackers Fresh Fruit Choice Cold Milk Variety
Cereal Variety Chilled Fruit Variety Cold Milk Variety	Bosco Cheese Stick w/ Marinara Sauce Chilled Fruit Variety Cold Milk Variety	Chicken & Biscuit Chilled Fruit Variety Cold Milk Variety	The Max Breakfast Pizza Fresh Fruit Choice Cold Milk Variety	Yogurt Parfait Fresh Fruit Choice Cold Milk Variety
SPANG BREAK	SPANG BREAK	SPANG BREAK	SPANGE BREAK	SPANS BREAK

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces. Student meals are served at no cost. Adult Breakfast: \$3.00