

MARCH 2019 Haywood County Schools (Grades 9-12)



Monday	Tuesday	Wednesday	Thursday	Friday
		NOUTH C	MART MOUTH PIZZA Served daily Cheese or Pepperoni Flavor of the month: Italian Sausage	Lil' Smokies in BBQ Sauce Creamy Coleslaw Southern Baked Beans Frozen Fruit Sidekick® Chilled Fruit Variety Cold Milk Variety
Crazy Tacos Tomato Salsa w/ Tortilla Chips Perfect Pinto Beans Sweet Potatoes Chilled Fruit Variety 100 % Fruit Juice Cold Milk Variety	Turkey Roast w/ Gravy Dressing or WG Roll Mashed Potatoes Buttery Butter Beans Chilled Fruit Variety Cold Milk Variety	Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety Fruit Juice Variety Cold Milk Variety Cookie Treat	Chef Salad w/ Croutons & Crackers Broccoli w/ Dip Assorted Fresh Fruit 100 % Fruit Juice Variety Cold Milk Variety	Spicy Chicken Sandwich Glazed Carrots Baked Beans Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety
Country Steak & Gravy W/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit 100 % Fruit Juice Variety Cold Milk Variety	Chicken Smackers w/ Cornbread Sweet Potatoes Breaded Okra Chilled Fruit Variety Cold Milk Variety	Fish Sticks w/ Hushpuppies(3) Or Fish Sandwich Glazed Carrots White Beans Assorted Fresh Fruit Cold Milk Variety	Taco Salad Salsa & Chips Perfect Pinto Beans Chilled Fruit Cup Fresh Fruit Choice 100 % Fruit Juice Variety Cold Milk Variety	Beef Hotdog Baked Beans Green Beans Chilled Fruit Cup Frozen Fruit Sidekick® Cold Milk Variety
Cheeseburger Fries Steamed Broccoli Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety	Chicken & Waffles Cheesy Broccoli Whole Kernel Corn Chilled Fruit Variety Cold Milk Variety	Spaghetti Crackers, WG Turnip Greens Blacked-Eyed Peas Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety Cookie Treat with Meal	Corndog Glazed Carrots Breaded Okra Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety	Beefy Nachos w/ Salsa Perfect Pinto Beans Sweet Potatoes Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety
SPONG BREAK	SPAR BREAK	SPANG BREAK	28 BREAK	SPAINS BREAK

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability