

## MAY 2019 Haywood County Schools (AECC)



# Monday

Tuesday

#### Wednesday

### **Thursday**

#### Friday

Taco Spaghe

Turkey & Cheese Hoagie
Dill Pickle Spear
Breaded Okra
Glazed Carrots
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat

Chicken Nuggets
WG Roll
Butter Beans
Veggies w/ Ranch
Assorted Fresh Fruit
Chilled Fruit Variety
Cold Milk Variety

Mexican Fiestada
Perfect Pinto Beans
Sweet Potatoes
Chilled Fruit Variety
Frozen Fruit Sidekick®
Cold Milk Variety

Chicken Sandwich Glazed Carrots Cheesy Broccoli Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety Taco Spaghetti Crackers, WG Turnip Greens Blacked-Eyed Peas Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety Beef Hotdog Ranch Fries Green Beans Chilled Fruit Cup 100 % Fruit Juice Variety Cold Milk Variety Cookie Treat with Meal Chicken Nuggets & Roll Sweet Potatoes Veggies w/ Ranch Baked Cinnamon Apples Assorted Fresh Fruit Cold Milk Variety

Sack Lunch
Sandwich Variety
Dill Pickle Spears
Veggies w/ Dip
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety

Chicken & Waffles Cheesy Broccoli Glazed Carrots Chilled Fruit Variety 100 % Fruit Juice Variety Cold Milk Variety

Beef-a-Roni WG Roll Mashed Potatoes Green Peas Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety Chicken Sandwich Glazed Carrots Baked Beans Chilled Fruit Variety Frozen Fruit Sidekick® Cold Milk Variety Cookie Treat

Pizza Slice Fresh Side Salad Buttery Corn Assorted Fresh Fruit Chilled Fruit Variety Cold Milk Variety Cheeseburger
Ranch Fries
Green Beans
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety

Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®
Cold Milk Variety

Rotel Chicken Spaghetti WG Roll Steamed Broccoli Sweet Potatoes Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety

Corndog
Potato Wedges
Green Beans
Chilled Fruit Variety
100 % Fruit Juice Variety
Cold Milk Variety
Cookie Treat with Meal

Manager's Choice Perfect Pinto Beans Veggies w/ Ranch Chilled Fruit Variety Assorted Fresh Fruit Cold Milk Variety

Sack Lunch
Sandwich Variety
Dill Pickle Spears
Carroteenies w/ Dip
Assorted Fresh Fruit
100 % Fruit Juice Variety
Cold Milk Variety



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Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Whole Grain Rich items are offered daily. Meals without a fruit or vegetable will be charged a la carte pricing. Meals are subject to change based on availability.