

## Haywood County Schools Grades 6-8



Monday	Tuesday	Wednesday	Thursday	Friday
<b>LABOR DAY</b> <span style="float: right;">2</span> 	<span style="float: right;">3</span> Rotel Chicken Spaghetti WG Roll Steamed Broccoli Buttery Corn Chilled Fruit Variety Frozen Fruit Sidekick®	<span style="float: right;">4</span> Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat	<span style="float: right;">5</span> Chef Salad w/ Croutons & Crackers Broccoli w/ Dip Fresh Fruit Choice 100 % Fruit Juice	<span style="float: right;">6</span> Spicy Chicken Sandwich California Mixed Veggies Baked Beans Fresh Fruit Choice Frozen Fruit Sidekick®
<span style="float: right;">9</span> Chicken Smackers w/ Cornbread Sweet Potatoes Green Beans Fresh Fruit Choice 100 % Fruit Juice	<span style="float: right;">10</span> Country Steak & Gravy w/ WG Roll Mashed Potatoes Green Peas Chilled Mixed Fruit Frozen Fruit Sidekick®	<span style="float: right;">11</span> Turkey & Cheese Hoagie Buttery Butter Beans Cheesy Broccoli Chilled Fruit Variety 100 % Fruit Juice Cookie Treat	<span style="float: right;">12</span> Corn dog Seasoned Fries Glazed Carrots Fresh Fruit Choice 100 % Fruit Juice	 <span style="float: right;">13</span> Tomcat Football Homecoming ½ Day <b>Sack Lunch</b>
<span style="float: right;">16</span> Cheeseburger Fries Green Beans Fresh Fruit Choice 100 % Fruit Juice	<span style="float: right;">17</span> Spaghetti Crackers, WG Turnip Greens Blacked-Eyed Peas Chilled Fruit Variety Frozen Fruit Sidekick®	<span style="float: right;">18</span> Chicken & Waffles Cheesy Broccoli Glazed Carrots Chilled Fruit Variety 100 % Fruit Juice Cookie Treat	<span style="float: right;">19</span> Beef & Bean Burrito Mexicali Corn Perfect Pinto Beans Fresh Fruit Choice 100 % Fruit Juice	<span style="float: right;">20</span> Beef Hotdog Ranch Fries Glazed Carrots Fresh Fruit Choice Frozen Fruit Sidekick®
<span style="float: right;">23</span> Chicken Sandwich Sweet Potatoes Cheesy Broccoli Fresh Fruit Choice 100 % Fruit Juice	<span style="float: right;">24</span> BBQ Chicken Nachos Creamy Coleslaw Southern Baked Beans Chilled Fruit Variety Frozen Fruit Sidekick®	<span style="float: right;">25</span> Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat	<span style="float: right;">26</span> Frito Chili Pie Buttery Corn Perfect Pinto Beans Fresh Fruit Choice Chilled Fruit Variety	<span style="float: right;">27</span> Steak Fingers w/ WG Roll Glazed Carrots Steamed Mixed Veggies Fresh Fruit Choice Frozen Fruit Sidekick®
<span style="float: right;">30</span> Crazy Tacos Perfect Pinto Beans Sweet Potatoes Fresh Fruit Choice 100 % Fruit Juice		<div style="background-color: yellow; padding: 10px; text-align: center;"> <b>SMART MOUTH PIZZA</b>                      Served daily                      Cheese or Pepperoni                      Flavor of the Month:  <b>Hot Wing Pizza</b>                      HMS &amp; HHS Only                 </div>		

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.