

NOVEMBER 2019 Haywood County Schools Grades 6-8



15

Friday

Steak Fingers

w/ WG Roll **Glazed Carrots**

Steamed Mixed Veggies

Fresh Fruit Choice

Frozen Fruit Sidekick®

Spicy Chicken Sandwich

California Mixed Veggies

Baked Beans

Fresh Fruit Choice

Frozen Fruit Sidekick®

Corndoa

Seasoned Fries

Southern Baked Beans

Fresh Fruit Choice

100 % Fruit Juice

Monday



Breakfast for Lunch

Scrambled Eggs Sausage Biscuit w/ Jelly Hashbrowns Wango Mango Juice Fruit Cup/ Assorted Fresh Fruit

> Chicken Smackers w/ Cornbread **Sweet Potatoes** Green Beans Fresh Fruit Choice 100 % Fruit Juice

Cheeseburger Fries Green Beans Fresh Fruit Choice 100 % Fruit Juice

HAPPY THANKSGIVIN

25

18

HAPPY THANKSGIVING

Tuesday

Students Do Not Attend 5

PROFESSIONAL

DEVELOPMENT

Country Steak & Gravy

w/ WG Roll

Mashed Potatoes

Green Peas

Chilled Mixed Fruit

Frozen Fruit Sidekick®

Spaghetti

Crackers, WG

Turnip Greens

Blacked-Eved Peas

Chilled Fruit Variety

Frozen Fruit Sidekick®

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Wednesday

Thursday

Served daily **Cheese or Pepperoni** Flavor of the Month: Chicken Bacon Ranch Pizza

6 Cheeseburger Ranch Fries Green Beans Chilled Fruit Variety 100 % Fruit Juice Cookie Treat

20

Ham & Cheese Hoagie Dill Pickle Spear Glazed Carrots Cheesy Broccoli Chilled Fruit Variety 100 % Fruit Juice

Chicken & Waffles Cheesy Broccoli Glazed Carrots Chilled Fruit Variety 100 % Fruit Juice Cookie Treat

HAPPY THANKSGIVING

SMART MOUTH PIZZA

HMS & HHS Only

Taco Soup Tortilla Chips **Sweet Potatoes** Steamed Broccoli Chilled Fruit Variety 100 % Fruit Juice

Turkey & Dressing Mashed Sweet Potatoes Seasoned Green Beans Corn Pudding Strawberries

Cookie Treat

21

Chili Doa Ranch Fries **Sweet Potatoes** 100 % Fruit Juice

HAPPY THANKSGIVING

Beef & Bean Burrito w/ Sa Mexicali Corn Perfect Pinto Beans Fresh Fruit Choice Frozen Fruit Sidekick®

28

HAPPY THANKSGIVING!

w/ Gravy & Cranberry Sauce

Fresh Fruit Choice

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 🕽 % milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.