

HAPPY THANKSGIVIN

NOVEMBER 2019 Haywood County Schools Grades 9-12



Friday Monday **Tuesday** Wednesday **Thursday SMART MOUTH PIZZA** Steak Fingers Served daily w/ WG Roll **Glazed Carrots Cheese or Pepperoni** Steamed Mixed Veggies Flavor of the Month: Fresh Fruit Choice Chicken Bacon Ranch Pizza Frozen Fruit Sidekick® **HMS & HHS Only** Students Do Not Attend 5 Breakfast for Lunch 6 Cheeseburger Spicy Chicken Sandwich Taco Soup Scrambled Eggs PROFESSIONAL Ranch Fries Tortilla Chips California Mixed Veggies Sausage DEVELOPMENT Green Beans Baked Beans **Sweet Potatoes** Biscuit w/ Jelly Chilled Fruit Variety Fresh Fruit Choice Steamed Broccoli Hashbrowns Frozen Fruit Sidekick® 100 % Fruit Juice Chilled Fruit Variety Wango Mango Juice Fruit Cup/ Assorted Fresh Fruit Cookie Treat 100 % Fruit Juice Ham & Cheese Hoagie 15 Turkey & Dressing Chicken Smackers Country Steak & Gravy Corndoa w/ Gravy & Cranberry Sauce w/ Cornbread w/ WG Roll Seasoned Fries Dill Pickle Spear Mashed Sweet Potatoes **Sweet Potatoes** Mashed Potatoes Southern Baked Beans Glazed Carrots Seasoned Green Beans Green Beans Green Peas Fresh Fruit Choice Cheesy Broccoli Corn Pudding Fresh Fruit Choice Chilled Mixed Fruit Frozen Fruit Sidekick® Chilled Fruit Variety Strawberries Frozen Fruit Sidekick® 100 % Fruit Juice 100 % Fruit Juice Cookie Treat 18 19 20 21 Beef & Bean Burrito w/ Sa Chicken & Waffles Chili Doa Cheeseburger Spaghetti Cheesy Broccoli Ranch Fries Fries Crackers, WG Mexicali Corn Glazed Carrots **Turnip Greens** Creamy Slaw Perfect Pinto Beans Green Beans Chilled Fruit Variety **Sweet Potatoes** Blacked-Eved Peas Fresh Fruit Choice Fresh Fruit Choice Chilled Fruit Variety 100 % Fruit Juice Fresh Fruit Choice Frozen Fruit Sidekick® 100 % Fruit Juice Cookie Treat Frozen Fruit Sidekick® 100 % Fruit Juice 25 28

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

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