

Monday

Tuesday

Wednesday

Thursday

Friday

4 Breakfast for Lunch
 Scrambled Eggs
 Sausage
 Biscuit w/ Jelly
 Hashbrowns
 Wango Mango Juice
 Fruit Cup/ Assorted Fresh Fruit

5 Students Do Not Attend
PROFESSIONAL DEVELOPMENT

6
 Cheeseburger
 Ranch Fries
 Green Beans
 Chilled Fruit Variety
 100 % Fruit Juice
 Cookie Treat

7
 Taco Soup
 Tortilla Chips
 Sweet Potatoes
 Steamed Broccoli
 Chilled Fruit Variety
 Frozen Fruit Sidekick®

1
 Steak Fingers
 w/ WG Roll
 Glazed Carrots
 Steamed Mixed Veggies
 Fresh Fruit Choice
 100 % Fruit Juice

8
 Chicken Sandwich
 California Mixed Veggies
 Baked Beans
 Fresh Fruit Choice
 100 % Fruit Juice

11
 Chicken Smackers
 w/ Cornbread
 Sweet Potatoes
 Green Beans
 Fresh Fruit Choice
 100 % Fruit Juice

12
 Country Steak & Gravy
 w/ WG Roll
 Mashed Potatoes
 Green Peas
 Chilled Mixed Fruit
 Frozen Fruit Sidekick®

13
 Pizza
 Glazed Carrots
 Cheesy Broccoli
 Chilled Fruit Variety
 100 % Fruit Juice

14
 Turkey & Dressing
 w/ Gravy & Cranberry Sauce
 Mashed Sweet Potatoes
 Seasoned Green Beans
 Strawberries
 100 % Fruit Juice
 Cookie Treat

15
 Corndog
 Seasoned Fries
 Southern Baked Beans
 Fresh Fruit Choice
 100 % Fruit Juice

18
 Cheeseburger
 Fries
 Green Beans
 Fresh Fruit Choice
 100 % Fruit Juice

19
 Spaghetti
 Crackers, WG
 Turnip Greens
 Blacked-Eyed Peas
 Chilled Fruit Variety
 Frozen Fruit Sidekick®

20
 Chicken & Waffles
 Cheesy Broccoli
 Glazed Carrots
 Chilled Fruit Variety
 100 % Fruit Juice
 Cookie Treat

21
 Chili Dog
 Ranch Fries
 Sweet Potatoes
 Fresh Fruit Choice
 Frozen Fruit Sidekick®

22
 Mexican Fiestada
 Mexicali Corn
 Perfect Pinto Beans
 Fresh Fruit Choice
 100 % Fruit Juice

25

 HAPPY THANKSGIVING!

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 HAPPY THANKSGIVING!

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 HAPPY THANKSGIVING!

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 HAPPY THANKSGIVING!

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 HAPPY THANKSGIVING!

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.