LUNCH

DECEMBER 2019
Haywood County Schools Grades K-5

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Sandwich, Sweet Potatoes, Cheesy Broccoli, Chilled Fruit Variety, 100 % Fruit Juice	**3** Steak Fingers w/ WG Roll, Glazed Carrots, Steamed Mixed Veggies, Chilled Fruit Variety, Frozen Fruit Sidekick®	**4** Cheeseburger, Ranch Fries, Green Beans, Chilled Fruit Variety, 100 % Fruit Juice, Cookie Treat	**5** Chili Stuffed Baked Potato, WG Crackers, Steamed Broccoli, Chilled Fruit Variety, Frozen Fruit Sidekick®	**6** BBQ Sandwich, Creamy Coleslaw, Southern Baked Beans, Fresh Fruit Choice, 100 % Fruit Juice
9 **Breakfast for Lunch** Scrambled Eggs, Sausage, Pancakes, Hashbrowns, Fresh Fruit Choice, 100 % Fruit Juice	**10** Rotel Chicken Spaghetti, WG Roll, Seasoned Green Beans, Sweet Potatoes, Chilled Fruit Variety, Frozen Fruit Sidekick®	**11** Cheeseburger, Ranch Fries, Green Beans, Chilled Fruit Variety, 100 % Fruit Juice, Cookie Treat	**12** Mexican Fiestada, Mexicali Corn, Perfect Pinto Beans, Fresh Fruit Choice, Frozen Fruit Sidekick®	**13** Pizza, California Mixed Veggies, Baked Beans, Fresh Fruit Choice, 100 % Fruit Juice
16 Chicken Smackers w/ Cornbread, Sweet Potatoes, Green Beans, Fresh Fruit Choice, 100 % Fruit Juice	**17** Country Steak & Gravy w/ WG Roll, Mashed Potatoes, Green Peas, Chilled Mixed Fruit, Frozen Fruit Sidekick®	**18** Vegetable Beef Soup w/ Grilled Cheese, Glazed Carrots, Cheesy Broccoli, Assorted Fresh Fruit, 100 % Fruit Juice, Cookie Treat	**19** Corndog, Seasoned Fries, Southern Baked Beans, Chilled Fruit Variety, 100 % Fruit Juice, Frozen Fruit Sidekick®	**20** ½ Day **Sack Lunch** (Lunch will not be served at AECC on this day.)
23 WINTER BREAK	**24** WINTER BREAK	**25** WINTER BREAK	**26** WINTER BREAK	**27** WINTER BREAK
30 WINTER BREAK	**31** WINTER BREAK			

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.