

FEBRUARY 2020Haywood County Schools Grades Pre-K



Monday	Tuesday	Wednesday	Thursday	Friday
Pancake & Sausage Nuggets Chilled Fruit Variety 1% Milk Choice	Cereal Variety (1oz) 4 Chilled Fruit Variety 1% Milk Choice	Sausage & Biscuit Chilled Fruit Variety 1% Milk Choice	Cereal Variety (10z) Fresh Fruit Choice 1% Milk Choice	Mini Pancakes Fresh Fruit Choice 1% Milk Choice
Cereal Variety (1oz) Chilled Fruit Variety 1% Milk Choice	Chicken & Biscuit Chilled Fruit Variety 1% Milk Choice	Cereal Variety (1oz) 12 Chilled Fruit Variety 1% Milk Choice	Breakfast Pizza Fresh Fruit Choice 1% Milk Choice	Yogurt Parfait Fresh Fruit Choice 1% Milk Choice
ARESIDENT'S DRI	Cereal Variety (1oz) Chilled Fruit Variety 1% Milk Choice	Ham, Egg & Cheese Breakfast Sandwich Chilled Fruit Variety 1% Milk Choice	Cereal Variety (1oz) 20 Fresh Fruit Choice 1% Milk Choice	Yogurt Cup w/ 21 Animal Crackers WG Fresh Fruit Choice 1% Milk Choice
Pancake & Sausage Nuggets Chilled Fruit Variety 1% Milk Choice	Cereal Variety (1oz) 25 Chilled Fruit Variety 1% Milk Choice	Sausage & Biscuit 26 Chilled Fruit Variety 1% Milk Choice	Cereal Variety (1oz) 27 Fresh Fruit Choice 1% Milk Choice	Mini Pancakes Fresh Fruit Choice 1% Milk Choice

Student meals are served at no cost.

Adult Breakfast: \$3.00

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces. Student meals are served at no cost. Adult Breakfast: \$3.00