

## Haywood County Schools Grades 9-12

| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| <p><b>3</b></p> <p>Cheeseburger<br/>Fries<br/>Green Beans<br/>Sunset Sip<br/>Fresh Fruit Choice<br/>100 % Fruit Juice</p>                          | <p><b>4</b></p> <p>Spaghetti<br/>Crackers or Corn Bread<br/>Turnip Greens<br/>Blacked-Eyed Peas<br/>Chilled Fruit Variety<br/>Frozen Fruit Sidekick®</p> | <p><b>5</b></p> <p>Chicken &amp; Waffles<br/>Cheesy Broccoli<br/>Sweet Potatoes<br/>Chilled Fruit Variety<br/>100 % Fruit Juice<br/>Cookie Treat</p> | <p><b>6</b></p> <p>Chili Dog<br/>Ranch Fries<br/>Carrots w/ Dip<br/>Fresh Fruit Choice<br/>100 % Fruit Juice</p>   | <p><b>7</b></p> <p>BBQ Sandwich<br/>Creamy Coleslaw<br/>Southern Baked Beans<br/>Fresh Fruit Choice<br/>Frozen Fruit Sidekick®</p>            |
| <p><b>10</b></p> <p>Chicken Sandwich<br/>Sweet Potatoes<br/>Cheesy Broccoli<br/>Fresh Fruit Choice<br/>100 % Fruit Juice</p>                       | <p><b>11</b></p> <p>Steak Fingers w/ WG Roll<br/>Glazed Carrots<br/>Steamed Mixed Veggies<br/>Chilled Fruit Variety<br/>Frozen Fruit Sidekick®</p>       | <p><b>12</b></p> <p>Cheeseburger<br/>Ranch Fries<br/>Green Beans<br/>Chilled Fruit Variety<br/>Sunset Sip<br/>Cookie Treat</p>                       | <p><b>13</b></p> <p>Taco Soup<br/>WG Tortilla Chips<br/>Mexicali Corn<br/>Perfect Pinto Beans<br/>Fresh Fruit Choice<br/>100 % Fruit Juice</p>                           | <p><b>14</b></p> <p>BBQ Chicken Nachos<br/>Creamy Coleslaw<br/>Southern Baked Beans<br/>Fresh Fruit Choice<br/>Frozen Fruit Sidekick®</p>     |
| <p><b>17</b></p>  <p>PRESIDENT'S DAY</p>                          | <p><b>18</b></p> <p><b>Breakfast for Lunch</b><br/>Scrambled Eggs w/ Sausage<br/>Pancakes<br/>Hashbrowns<br/>Sunset Sip<br/>Fruit Cup</p>                | <p><b>19</b></p> <p>Cheeseburger<br/>Ranch Fries<br/>Green Beans<br/>Chilled Fruit Variety<br/>100 % Fruit Juice<br/>Cookie Treat</p>                | <p><b>20</b></p> <p>White Chicken Chili<br/>Corn Bread<br/>Glazed Carrots<br/>Steamed Broccoli<br/>Fresh Fruit Choice</p>  | <p><b>21</b></p> <p>Spicy Chicken Sandwich<br/>California Mixed Veggies<br/>Baked Beans<br/>Fresh Fruit Choice<br/>Frozen Fruit Sidekick®</p> |
| <p><b>24</b></p> <p>Chicken Smackers<br/>Cornbread<br/>Sweet Potatoes<br/>Broccoli &amp; Cheese<br/>Assorted Fresh Fruit<br/>100 % Fruit Juice</p> | <p><b>25</b></p> <p>Turkey Roast &amp; Gravy<br/>w/ WG Roll<br/>Mashed Potatoes<br/>Green Peas<br/>Chilled Mixed Fruit<br/>Frozen Fruit Sidekick®</p>    | <p><b>26</b></p> <p>Corndog<br/>Seasoned Fries<br/>Green Beans<br/>Chilled Mixed Fruit<br/>100 % Fruit Juice<br/>Cookie Treat</p>                    | <p><b>27</b></p> <p>Vegetable Beef Soup<br/>Ham &amp; Cheese Sandwich<br/>Carrots w/ Dip<br/>Steamed Broccoli<br/>Assorted Fresh Fruit<br/>100 % Fruit Juice Variety</p> | <p><b>28</b></p> <p>Beefy Nachos w/ Salsa<br/>Perfect Pinto Beans<br/>Mexicali Corn<br/>Fresh Fruit Choice<br/>Frozen Fruit Sidekick®</p>     |



**SMART MOUTH PIZZA**  
Served daily  
Cheese or Pepperoni  
Flavor of the Month:  
Cheesy Bread  
HMS & HHS Only

Student meals are served at no cost.  
Adult Lunch: \$ 4.00



Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

**This institution is an equal opportunity provider.**