BREAKFAST

DECEMBER 2020 Haywood County Schools PRE-K In-School Menu





To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce Yogurt must contain no more than 23 grams of sugar per 6 ounces. This institution is an equal opportunity provider.