

**Haywood County Schools Pre-K In-School Menu**

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake & Sausage <b>2</b> Nuggets Fruit Variety 1% Milk Choice	 <b>3</b>	Sausage & Biscuit <b>4</b> Chilled Fruit Variety 1% Milk Choice	Bosco Cheese Stick (2) <b>5</b> w/ Marinara Fresh Fruit Choice 1% Milk Choice	Mini Waffles <b>6</b> Fresh Fruit Choice 1% Milk Choice
Yogurt Variety <b>9</b> Graham Crackers Fruit Variety 1% Milk Choice	Ham and Cheese <b>10</b> Croissant Chilled Fruit Variety 1% Milk Choice	Mini Pancakes <b>11</b> Chilled Fruit Variety 1% Milk Choice	Pizza Stick <b>12</b> Fresh Fruit Choice 1% Milk Choice	Chicken & Biscuit <b>13</b> Fresh Fruit Choice 1% Milk Choice
Yogurt Variety <b>16</b> Graham Crackers Fruit Variety 1% Milk Choice	Ham and Cheese <b>17</b> Croissant Chilled Fruit Variety 1% Milk Choice	Mini Pancakes <b>18</b> Chilled Fruit Variety 1% Milk Choice	Pizza Stick <b>19</b> Fresh Fruit Choice 1% Milk Choice	Chicken & Biscuit <b>20</b> Fresh Fruit Choice 1% Milk Choice
 <b>23</b>	 <b>24</b>	 <b>25</b>	 <b>26</b>	 <b>27</b>
Pancake & Sausage <b>30</b> Nuggets Fruit Variety 1% Milk Choice				

Student meals are served at no cost.  
 Adult Breakfast: \$3.00

To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces.

**This institution is an equal opportunity provider.**

