



Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Adult Lunch: \$ 4.00



PROFESSIONAL DEVELOPMENT

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6
Cheeseburger
Ranch Fries
Green Beans
Chilled Fruit Variety
100 % Fruit Juice

7
Corndog
Seasoned Fries
Glazed Carrots
Fresh Fruit Choice
100 % Fruit Juice

8
Chicken Sandwich
California Mixed Veggies
Baked Beans
Fresh Fruit Choice
Frozen Fruit Sidekick®

11
Pizza
Veggies w/ Dip
Sweet Potatoes
Fresh Fruit Choice
100 % Fruit Juice

12
Vegetable Beef Soup
Crackers
Steamed Broccoli
Fresh Fruit Choice
Frozen Fruit Sidekick®

13
Cheeseburger
Ranch Fries
Green Beans
Chilled Fruit Variety
100 % Fruit Juice

14
Corndog
Seasoned Fries
Glazed Carrots
Fresh Fruit Choice
100 % Fruit Juice

15
Chicken Sandwich
California Mixed Veggies
Baked Beans
Fresh Fruit Choice
Frozen Fruit Sidekick®

18
MLK DAY
I HAVE A DREAM

19
Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®

20
Pizza
Buttery Butter Beans
Cheesy Broccoli
Chilled Fruit Variety
100 % Fruit Juice

21
Spaghetti
Crackers
Turnip Greens
Black-eyed Peas
Fresh Fruit Choice
100 % Fruit Juice

22
Chili Dog
Perfect Pinto Beans
Mexicali Corn
Fresh Fruit Choice
Frozen Fruit Sidekick®

25
Chicken Smackers
w/ Cornbread
Sweet Potatoes
Green Beans
Fresh Fruit Choice
100 % Fruit Juice

26
Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Green Peas
Chilled Mixed Fruit
Frozen Fruit Sidekick®

27
Pizza
Buttery Butter Beans
Cheesy Broccoli
Chilled Fruit Variety
100 % Fruit Juice

28
Spaghetti
Crackers
Turnip Greens
Black-eyed Peas
Fresh Fruit Choice
100 % Fruit Juice

29
Chili Dog
Perfect Pinto Beans
Mexicali Corn
Fresh Fruit Choice
Frozen Fruit Sidekick®

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.