



Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Adult Lunch: \$ 4.00



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PROFESSIONAL DEVELOPMENT

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**Cheeseburger
Ranch Fries
Chilled Fruit Variety
1% Milk Choice**

6

**Corndog
Seasoned Fries
Fresh Fruit Choice
1% Milk Choice**

7

**Chicken Sandwich
Baked Beans
Fresh Fruit Choice
1% Milk Choice**

8

**Pizza
Veggies w/ Dip
Fresh Fruit Choice
1% Milk Choice**

11

**Vegetable Beef Soup
Crackers
Fresh Fruit Choice
1% Milk Choice**

12

**Cheeseburger
Ranch Fries
Chilled Fruit Variety
1% Milk Choice**

13

**Corndog
Seasoned Fries
Fresh Fruit Choice
1% Milk Choice**

14

**Chicken Sandwich
Baked Beans
Fresh Fruit Choice
1% Milk Choice**

15



18

**Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Chilled Mixed Fruit
1% Milk Choice**

19

**Pizza
Cheesy Broccoli
Chilled Fruit Variety
1% Milk Choice**

20

**Spaghetti
Crackers
Black-eyed Peas
Fresh Fruit Choice
1% Milk Choice**

21

**Hot Dog
Mexicali Corn
Fresh Fruit Choice
1% Milk Choice**

22

**Chicken Smackers
w/ Cornbread
Sweet Potatoes
Fresh Fruit Choice
1% Milk Choice**

25

**Country Steak & Gravy
w/ WG Roll
Mashed Potatoes
Chilled Mixed Fruit
1% Milk Choice**

26

**Pizza
Cheesy Broccoli
Chilled Fruit Variety
1% Milk Choice**

27

**Spaghetti
Crackers
Black-eyed Peas
Fresh Fruit Choice
1% Milk Choice**

28

**Hot Dog
Mexicali Corn
Fresh Fruit Choice
1% Milk Choice**

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To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/ meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce.

Yogurt must contain no more than 23 grams of sugar per 6 ounces.

This institution is an equal opportunity provider.

