



Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Adult Lunch: \$ 4.00



PROFESSIONAL DEVELOPMENT

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6
Deli Sub
Salsa ½ c w/ Chips
Chilled Fruit Variety
1% White Milk

7
Pimento & Cheese Sandwich
Mixed Garden Veggies w/
Ranch Dip
Fresh Fruit Choice
1% White Milk

8
Sunbutter & Jelly Sandwich
Veggies w/ Dip
Fresh Fruit Choice
1% White Milk

11
Ham & Cheese Sandwich
Dill Pickle Spears
Fruit Variety
1% White Milk

12
Chicken Ranch Wrap
Carroteenies w/ Ranch
Chilled Fruit Variety
1% White Milk

13
Deli Sub
Salsa ½ c w/ Chips
Chilled Fruit Variety
1% White Milk

14
Pimento & Cheese Sandwich
Mixed Garden Veggies w/
Ranch Dip
Fresh Fruit Choice
1% White Milk

15
Sunbutter & Jelly Sandwich
Veggies w/ Dip
Fresh Fruit Choice
1% White Milk

18
MLK DAY
I HAVE A DREAM

19
Turkey & Cheese Hoagie
Broccoli w/ Ranch
Chilled Mixed Fruit
1% White Milk

20
“Ham”Burger
Dill Pickle Spears
Chilled Fruit Variety
1% White Milk

21
Chicken Salad w/ Crackers
Carroteenies ½ c w/ Ranch
Fresh Fruit Choice
1% White Milk

22
Yogurt Cup
Graham Crackers
Celery Sticks ½ c w/ Ranch
Fresh Fruit Choice
1% White Milk

25
Honey Mustard Deli Wrap
Salsa ½ c w/ Chips
Fruit Variety
1% White Milk

26
Turkey & Cheese Hoagie
Broccoli w/ Ranch
Chilled Mixed Fruit
1% White Milk

27
“Ham”Burger
Dill Pickle Spears
Chilled Fruit Variety
1% White Milk

28
Chicken Salad w/ Crackers
Carroteenies ½ c w/ Ranch
Fresh Fruit Choice
1% White Milk

29
Yogurt Cup
Graham Crackers
Celery Sticks ½ c w/ Ranch
Fresh Fruit Choice
1% White Milk

Pre- school students will be served all five components for lunch. The components are fruit, grain, meat, vegetables, and milk.

Whole Grain Rich items are offered daily. Meals are subject to change based on availability.

This institution is an equal opportunity provider.

