



Monday

Tuesday

Wednesday

Thursday

Friday

Student meals are served at no cost.

Adult Lunch: \$ 4.00



PROFESSIONAL DEVELOPMENT



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**Deli Sub
Dill Pickle Spears
Salsa ½ c w/ Chips
Chilled Fruit Variety
100 % Fruit Juice**

6

**Pimento & Cheese Sandwich
Mixed Garden Veggies w/
Ranch Dip
Green Beans
Fresh Fruit Choice
Frozen Fruit Sidekick®**

7

**Sunbutter & Jelly Sandwich
Veggies w/ Dip
Fresh Fruit Choice
Frozen Fruit Sidekick®
Veggie Juice**

8

**Ham & Cheese Sandwich
Dill Pickle Spears
Baked Beans
Fruit Variety
100% Fruit Juice**

11

**Deli Sub
Dill Pickle Spears
Salsa ½ c w/ Chips
Chilled Fruit Variety
100 % Fruit Juice**

12

**Pimento & Cheese Sandwich
Mixed Garden Veggies w/
Ranch Dip
Green Beans
Fresh Fruit Choice
100 % Fruit Juice**

13

**Sunbutter & Jelly Sandwich
Veggies w/ Dip
Fresh Fruit Choice
Frozen Fruit Sidekick®
Veggie Juice**

14

**Chicken Ranch Wrap
Sweet Potatoes
Steamed Broccoli
Fresh Fruit Choice
Frozen Fruit Sidekick®
Veggie Juice**

15



18

**Turkey & Cheese Hoagie
Broccoli w/ Ranch
Chilled Mixed Fruit
Frozen Fruit Sidekick®
Veggie Juice**

19

**“Ham”Burger
Dill Pickle Spears
Baked Beans
Chilled Fruit Variety
100 % Fruit Juice**

20

**Chicken Salad
w/ Crackers
Carroteenies ½ c
Celery Sticks ½ c w/ Ranch
Fresh Fruit Choice
100 % Fruit Juice**

21

**Yogurt Cup
Cheese Stick
Graham Crackers
Mixed Veggies ½ c
w/ Ranch
Fresh Fruit Choice
Frozen Fruit Sidekick®**

22

**Turkey & Cheese Hoagie
Broccoli w/ Ranch
Chilled Mixed Fruit
Frozen Fruit Sidekick®
Veggie Juice**

25

**Yogurt Cup
Cheese Stick
Graham Crackers
Mixed Veggies ½ c
w/ Ranch
Fresh Fruit Choice
Frozen Fruit Sidekick®**

26

**Chicken Salad
w/ Crackers
Carroteenies ½ c
Celery Sticks ½ c w/ Ranch
Fresh Fruit Choice
100 % Fruit Juice**

27

**“Ham”Burger
Dill Pickle Spears
Baked Beans
Chilled Fruit Variety
100 % Fruit Juice**

28

**Honey Mustard Deli Wrap
Salsa ½ c w/ Chips
Potato Salad
Fruit Variety
100% Fruit Juice**

29

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged a la carte pricing. A choice of white and flavored 1% milk is offered daily.

Meals are subject to change based on availability.

This institution is an equal opportunity provider.