

Adult Lunch: \$ 4.00

FEBRUARY 2021



Haywood County Schools Grades 9-12 In-School Menu

Friday Monday **Tuesday** Wednesday **Thursday** 5 Cheeseburger Chicken Sandwich Hotdoa Chili Chili **Ranch Fries** California Mixed Veggies Crackers Crackers **Seasoned Fries Green Beans Sweet Potatoes Sweet Potatoes Baked Beans Glazed Carrots Chilled Fruit Variety Chilled Fruit Variety** Steamed Broccoli Steamed Broccoli Chilled Fruit Variety 100 % Fruit Juice 100 % Fruit Juice Fresh Fruit Choice **Fresh Fruit Choice** 100 % Fruit Juice Frozen Fruit Sidekick® Frozen Fruit Sidekick® PROFESSIONAL **BBQ Sandwich BBQ Sandwich** Cheeseburger Hotdoa DEVELOPMEN. **Ranch Fries Baked Beans Baked Beans** Seasoned Fries **Green Beans** Creamy Colesiaw Creamy Coleslaw **Glazed Carrots Fresh Fruit Choice** Fresh Fruit Choice Chilled Fruit Variety **Chilled Fruit Variety** Frozen Fruit Sidekick® Frozen Fruit Sidekick® 100 % Fruit Juice 100 % Fruit Juice Chicken Rotel Spaghetti Chicken Rotel Spaghetti **SMART MOUTH SMART MOUTH Hot Wing Pizza Hot Wing Pizza** w/ Roll w/ Roll **Perfect Pinto Beans Perfect Pinto Beans Turnip Greens Turnip Greens** Mexicali Corn Mexicali Corn **Blacked-Eved Peas Blacked-Eyed Peas** Fresh Fruit Choice **Fresh Fruit Choice** Fresh Fruit Choice Fresh Fruit Choice Frozen Fruit Sidekick® Frozen Fruit Sidekick® 100 % Fruit Juice 100 % Fruit Juice **Chicken Smackers** Turkey Roast & Gravy Turkey Roast & Gravy SMART MOUTH SMART MOUTH **Hot Wing Pizza Hot Wing Pizza** w/ Cornbread Dressina Dressing **Perfect Pinto Beans Perfect Pinto Beans Mashed Potatoes Sweet Potatoes Sweet Potatoes Green Peas Green Beans** Green Beans Mexicali Corn Mexicali Corn Chilled Mixed Fruit **Chilled Mixed Fruit Chilled Mixed Fruit** Fresh Fruit Choice **Fresh Fruit Choice** 100 % Fruit Juice 100 % Fruit Juice 100 % Fruit Juice Frozen Fruit Sidekick® Frozen Fruit Sidekick® Student meals are served at no cost.

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables, and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at la carte pricing. A choice of white and flavored 1% milk is offered daily.

Meals are subject to change based on availability.