BREAKFAST

APRIL 2021



Haywood County Schools Grades Pre-K In-School



To make a reimbursable meal, Pre-K students will be given 3 of the different components which include milk, fruit/vegetable, and a grain or meat/meat alternate. Breakfast cereals must contain no more than 6 grams of sugar per dry ounce. Yogurt must contain no more than 23 grams of sugar per 6 ounces. A choice of white and flavored 1 % milk will be offered daily.