

**Haywood County Schools Grades K-8 In-School Menu**



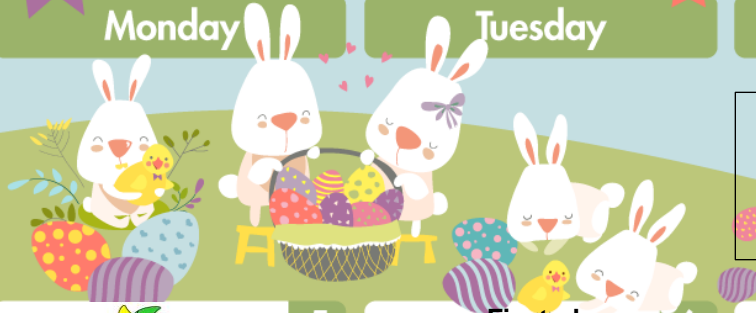
**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



Student meals are served at no cost. Adult Lunch: \$4.00

**GOOD FRIDAY**

**5**

*Professional Development for Teachers*

**6**

**Fiestada**

- Perfect Pinto Beans
- Mexicali Corn
- Chilled Fruit Variety
- 100% Fruit Juice

**7**

**Chicken & Waffles**

- Cheesy Broccoli
- Sweet Potatoes
- Chilled Fruit Variety
- 100% Fruit Juice

**8**

**Pizza**

- California Mixed Veggies
- Green Beans
- Fresh Fruit
- Frozen Fruit Sidekick

**9**

**Sloppy "Joey"**

- Ranch Fries
- Green Beans
- Fresh Fruit
- Frozen Fruit Sidekick

**12**

**Pizza**

- California Mixed Veggies
- Green Beans
- Chilled Fruit Variety
- 100% Fruit Juice

**13**

**Beefy Taco Stick**

- Perfect Pinto Beans
- Mexicali Corn
- Chilled Fruit Variety
- 100% Fruit Juice

**14**

**Chicken & Waffles**

- Cheesy Broccoli
- Sweet Potatoes
- Chilled Fruit Variety
- 100% Fruit Juice

**15**

**Rotel Chicken Spaghetti**

- w/ Cornbread
- Turnip Greens
- Black-Eyed Peas
- Fresh Fruit
- Frozen Fruit Sidekick

**16**

**Sloppy "Joey"**

- Ranch Fries
- Green Beans
- Fresh Fruit
- Frozen Fruit Sidekick

**19**

**Hotdog**

- Seasoned Fries
- Glazed Carrots
- Chilled Fruit Variety
- 100% Fruit Juice

**20**

**Chicken Smackers**

- Cornbread
- Mashed Potatoes
- Green Peas
- Chilled Fruit Variety
- 100% Fruit Juice

**21**

**Cheeseburger**

- Ranch Fries
- Butter Beans
- Chilled Fruit Variety
- 100% Fruit Juice

**22**

**Turkey Roast & Gravy**

- Roll
- Sweet Potatoes
- Green Beans
- Fresh Fruit
- Frozen Fruit Sidekick

**23**

**Turkey Roast & Gravy**

- Roll
- Sweet Potatoes
- Green Beans
- Fresh Fruit
- Frozen Fruit Sidekick

**26**

**Hotdog**

- Seasoned Fries
- Glazed Carrots
- Chilled Fruit Variety
- 100% Fruit Juice

**27**

**Chicken Smackers**

- Cornbread
- Mashed Potatoes
- Green Peas
- Chilled Fruit Variety
- 100% Fruit Juice

**28**

**Cheeseburger**

- Ranch Fries
- Butter Beans
- Chilled Fruit Variety
- 100% Fruit Juice

**29**

**BBQ Sandwich**

- Baked Beans
- Creamy Coleslaw
- Fresh Fruit
- Frozen Fruit Sidekick

**30**

**BBQ Sandwich**

- Baked Beans
- Creamy Coleslaw
- Fresh Fruit
- Frozen Fruit Sidekick

Students may select from the five components to build a lunch. The components are fruit, grain, meat, vegetables and milk. A minimum of three different components must be taken to receive meal benefits. A one cup serving of fruit or vegetable or a combination of both must be taken to get lunch at no cost. Meals without a fruit or vegetable will be charged at a la carte pricing. A choice of white and flavored 1% milk is offered daily. Menus are subject to change based on availability.

**This institution is an equal opportunity provider.**